

Cherrybrook Masters take on the World

For nine days in October, the city of Sydney shone with the 2009 World Masters Games. After all the sport and partying was over, International Masters Games Association President Kai Holm declared the Games to be the best ever. This success comes not only from years of planning but from the dedicated effort and enthusiasm of more than 28,000 competitors who came to Sydney from all corners of the globe.

"They have played their part in upholding the spirit of Masters competition, and demonstrating to everyone the benefits of being fit, fun and forever young," NSW Minister for Tourism Jodi McKay said.

What made the Games so unique were the achievements of ordinary people doing extraordinary things. Cherrybrook was represented by 3 of our Masters athletes, who all performed in their first World Masters event to their best abilities, all won medals and all made our Club extremely proud.

Margaret Walker (W45-49) was the **Bronze Medallist** in the 400m Hurdles in 1.31.57, came 4th in the 80m Hurdles in 17.43 sec and placed 22nd in Shot Put with 7.28m.

Glynis Marks (W45-49) was the **Silver Medallist** in Javelin with 31.34m, and also placed 6th in Discus with 25.85m, 6th in Shot Put with 9.09m, 8th in Weight Throw with 8.52m, 8th in Hammer with 24.34m, and 8th in the Weight Pentathlon with 3080 points.

And lastly, **Jill Taylor** (W50-54) became Cherrybrook's first ever **World Champion**, winning the **Gold Medal** in the Hammer with 35.36m. Jill also came away with the **Silver Medal** in Weight Throw with 11.31m, the **Bronze Medal** in Weight Pentathlon with 3041 points, 4th place in Discus with 23.76m and 5th place in Shot Put with 9.27m.

World Rankings

The 2009 Masters Athletics World Rankings have just been updated after the World Masters Games, and for the first time Cherrybrook athletes have made the listing:

Jill Taylor - 14th in W50-54 Hammer Throw
- 21st in W50 – 54 Weight Throw

Glynis Marks - 30th in W45-49 Javelin

The [World Rankings list](#) has a minimum requirement for each event, and is a mark of a world class performance.

Congratulations to Jill and Glynis!