

CHERRYBROOK LA'S CHAMPIONSHIP RECORDS as at April 2015

Championship records were introduced in the 2009/2010 season to recognize the BEST performances of Cherrybrook athletes at major LA championship events.

UNDER 7 BOYS CHAMPIONSHIP RECORDS			
50M	8.70	Akith Ekanayake	2014/15 Zone heat
70M	11.27	Gabriel Read	2012/13 Zone Final
100M	16.49	Marcus Papadimitriou	2014/2015 State Multi
200M	35.56	Marcus Papadimitriou	2014/2015 Zone Final
Pack Start	1-48.72	Marcus Papadimitriou	2014/2015 State Multi
Long Jump	3.00	Thomas Bishop	2014/2015 Zone
Discus	14.82	Marcus Papadimitriou	2014/2015 State Multi
Shot Put	6.49	Marcus Papadimitriou	2014/2015 State Multi
UNDER 8 BOYS CHAMPIONSHIP RECORDS			
70M	11.60	Matthew Rose	2009/2010 Region Final
100M	15.21	Harry Clark	2013/2014 Zone Final
200M	32.85	Harry Clark	2013/2014 Region
400M	1.14.38	Harry Clark	2013/2014 Region
Pack Start	2-27.11	Ryan Frykberg	2012/2013 Zone Final
60H	11.60	Levi Dirks	2013/2014 Zone Final
Long Jump	3.53	Jonathan Reid	2011/2012 Region
Discus	20.58	Matthew Mikhael	2009/2010 Region Final
Shotput	8.23	Matthew Mikhael	2009/2010 Region Final
UNDER 9 BOYS CHAMPIONSHIP RECORDS			
70M	10.26	Ben Kinasch	2009/2010 State Heat
100M	14.06	Ben Kinasch	2009/2010 State Final
200M	30.42	Jonathan Reid	2012/13 State Final
400M	1-07.9	Josh Green	2009/2010 Region Final
800M	2-34.10	Josh Green	2009/2010 State Final
60H	9.66	Ben Kinasch	2009/2010 State Heat
Long Jump	4.32	Ben Kinasch	2009/2010 Zone Final
High Jump	1.22	Josh Green	2009/2010 Zone Final
Discus	23.61	Matthew Mikhael	2010/2011 Region
Shotput	7.16	Andrew Searles	2009/2010 Region Final
700m Walk	3.37.92	Bayden Little	2011/2012 State
UNDER 10 BOYS CHAMPIONSHIP RECORDS			
70M	10.20	Max Hirst	2012/2013 Zone Heat

100M	13.65	Ben Kinasch	2010/2011 State
200M	27.73	Ben Kinasch	2010/2011 State
400M	1.10.11	Ben Bishop	2010/2011 Region
800M	2.30.96	Ben Bishop	2010/2011 Region
1500M	5-00.10	Ben Bishop	2010/2011 State
60H	9.92	Max Hirst	2012/13 State Final
Long Jump	4.45m	Philip Banno	2011/2012 Region
High Jump	1.38m	Liam McKenzie	2013/2014 Zone
Discus	31.26	Matthew Mikhael	2011/2012 State
Shotput	10.33	Jacob Morige	2014/2015 State
1100m Walk	5.54.90	Bayden Little	2012/13 State
UNDER 11 BOYS CHAMPIONSHIP RECORDS			
100M	13.57	Ben Kinasch	2011/2012 State
200M	27.19	Donovan Bradshaw	2014/2015 State
400M	1-01.23	Matthew Eaton	2009/2010 State Final
800M	2-21.84	Matthew Eaton	2009/2010 State Final
1500M	4.52.50	Ben Bishop	2011/2012 State
60H	9.27	Max Hirst	2013/2014 State Heat
Long Jump	4.91	Jonathan Reid	2014/2015 State Multi
High Jump	1.45	Liam McKenzie	2014/2015 Zone
Triple Jump	10.13	Jonathan Reid	2014/2015 Region
Discus	28.95	Matthew Mikhael	2012/2013 Zone
Shotput	10.41	Alec McDonald	2009/2010 Region Final
1100m Walk	5.49.77	Bayden Little	2013/2014 Region
UNDER 12 BOYS CHAMPIONSHIP RECORDS			
100M	13.10	Alex Nguyen-Ha	2009/2010 Zone Final
200M	26.49	Oliver Jacquot	2011/2012 State
400M	58.57	Matthew Eaton	2010/2011 State
800M	2-18.60	Ben Bishop	2012/13 State Heat
1500M	4-42.28	Jack Brown	2010/2011 State
60H	9.60	Max Hirst	2014/2015 Region
Long Jump	5.25	Max Hirst	2014/2015 Zone
High Jump	1.51	Declan Pluim	2009/2010 Region Final

<i>UNDER 12 BOYS CHAMPIONSHIP RECORDS cont.</i>			
Triple Jump	10.87	Max Hirst	2015/2015 State Final
Discus	33.95	Clayton Anstee	2009/2010 State Final
Shotput	10.21	Kyle Ekstrom	2011/2012 Regi
Javelin	32.23	Kyle Ekstrom	2011/2012 Region
1500mWalk	8.46.35	Bayden Little	2014/2015 State
UNDER 13 BOYS CHAMPIONSHIP RECORDS			
100M	12.25	Lewis Clabburn	2012/2013 Zone Final
200M	24.11	Oliver Jacquot	2012/13 State Final
400M	54.25	Stephen Eaton	2009/2010 State Heat
800M	2-10.35	Matthew Eaton	2011/2012 State Final
1500M	4-34.58	Maine Vidler	2009/2010 State Final
3000M	10-01.76	Ben Bishop	2013/2014 Region
80H	13.70	Nicholas Andrews	2009/2010 Zone Heat
200H	27.92	Nelson Osifo	2009/2010 State Heat
Long Jump	5.30	Oliver Jacquot	2012/13 State
High Jump	1.49	Declan Plum	2010/2011 Zone
Triple Jump	10.99	Adam Kinasch	2011/2012 State
Discus	38.44	Clayton Anstee	2010/2011 State
Shotput	14.90	Kevin Yang	2013/2014 State
Javelin	33.69	Morgan Little	2014/2015 Region
1500m Walk	9.58.36	Morgan Little	2015/2015 State
UNDER 14 BOYS CHAMPIONSHIP RECORDS			
100M	11.44	Jordan Shelley	2011/2012 State
200M	23.79	Stephen Eaton	2010/2011 State
400M	52.02	Stephen Eaton	2010/2011 State
800m	2-06.50	Matthew Eaton	2012/13 State Final
1500m	4-27.47	Maine Vidler	2010/2011 State
3000m	9-30.59	Maine Vidler	2010/2011 State
90m Hurdles	13.31	Matthew Nelson	2011/2012 State
200m Hurdles	27.8	Nelson Osifo	2010/2011 Zone
Long Jump	5.79	Jordan Shelley	2011/2012 Zone
Triple Jump	11.74	Alex Nguyen-Ha	2011/2012 State
High Jump	1.71	Declan Plum	2011/2012 State
Shotput	16.75	Kevin Yang	2014/15 State
Discus	48.99	Clayton Anstee	2011/2012 State
Javelin	45.86	Zac Sfiligoi	2010/2011 State

UNDER 15 BOYS CHAMPIONSHIP RECORDS			
100M	11.23	Jordan Shelley	2012/13 State Final
200M	23.44	Jordan Shelley	2012/2013 Zone Final
400M	52.40	Stephen Eaton	2011/2012 Region
800M	2.05.78	Clayton Anstee	2012/13 State Final
1500M	4-37.82	Jackson Lee	2010/2011 Region
3000M	9-59.30	Owen Guichelaar	2012/13 State
100m Hurdles	14.36	Matthew Nelson	2012/2013 Zone Final
200m Hurdles	28.03	Matthew Nelson	2012/2013 Zone Final
Long Jump	6.21	Alex Nguyen Ha	2012/13 State
High Jump	1.98	Joshua Baddock	2013/2014 State
Triple Jump	12.80	Alex Nguyen-Ha	2012/13 State
Shot Put	12.74	Lachlan Antoinette	2014/2015 Region
Discus	53.41	Clayton Anstee	2012/13 State
Javelin	51.77	Zac Sfiligoi	2011/2012 Region
UNDER 17 BOYS CHAMPIONSHIP RECORDS			
100M	10.84	Ben Jaworski	2009/2010 State Final
200M	22.28	Jordan Shelley	2014/2015 Zone Final
400M	49.94	Alex Moore	2013/2014 State Final
800M	2-06.62	Oliver Clarke	2014/2015 Region Final
1500m	4.54.24	Oliver Clarke	2014/2015 Zone
200H	26.73	Mitchell Yabsley	2010/2011 Region
Long Jump	6.59	Alex Ngyuen-Ha	2014/2015 State
High Jump	1.87	Adam Martin	2009/2010 Region Final
Triple Jump	13.81	Joshua Baddock	2014/2015 State Final
Shotput	11.10	Alexander Moore	2012/2013 Region
Discus	41.65	Clayton Anstee	2013/2014 State
Javelin (700g)	45.24	Liam Magee	2013/2014 State
UNDER 7 GIRLS CHAMPIONSHIP RECORDS			
50M	9.10	Ruby Perkins	2014/2015 Zone Heat
70M	13.10	Ruby Perkins	2014/2015 Zone Final
100M	18.90	Ruby Perkins	2014/2015 Zone Final
200M	38.40	Georgia O'Connor	2009/2010 Zone Final
Pack Start	1-56.06	Sierra Timms	2012/13 Zone
Long Jump	2.91	Ruby Perkins	2014/2015 Zone

Discus	10.05	Jessica Mikhael	2009/2010 Zone Final
Shot Put	3.82	Kaylah Bennett	2014/2015 Zone
UNDER 8 GIRLS CHAMPIONSHIP RECORDS			
70M	11.96	Emily Crawford	2012/13 Zone Heat
100M	16.54	Emily Crawford	2012/13 Zone Final
200M	34.63	Georgia O'Connor	2010/2011 Region
400M	1.22.92	Millicent Oliver	2011/2012 Zone Heat
Pack Start	2-30.42	Sierra Timms	2013/2014 Region
60H	12.30	Isabella Rudolph	2009/2010 Region Final
Long Jump	3.59	Jordan Oberg	2010/2011 Region
Discus	12.03	Jessica Mikhael	2010/2011 Zone
Shot Put	5.29	Jessica Coppolelli	2013/2014 Zone
UNDER 9 GIRLS CHAMPIONSHIP RECORDS			
70M	10.26	Emily Crawford	2013/2014 State Heat
100M	14.47	Emily Crawford	2013/2014 State Final
200M	30.09	Emily Crawford	2013/2014 State Final
400M	1-15.5	Gabrielle Damm	2009/2010 Region Final
800M	2-47.7	Gabrielle Damm	2009/2010 Region Final
60H	10.46	Emily Crawford	2013/2014 State Heat
Long Jump	3.69	Danielle Osifo	2012/13 Zone
High Jump	1.16	Sofia Metaxouli	2009/2010 Region Final
Discus	19.77	Georgia O'Connor	2011/2012 region
Shotput	5.60	Jessica Coppolelli	2014/15 Region
700m Walk	5.06.05	Kaiya Grebert	2014/2015 Region
UNDER 10 GIRLS CHAMPIONSHIP RECORDS			
70M	10.08	Danielle Osifo	2013/2014 State Heat
100M	13.95	Emily Crawford	2014/2015 State Final
200M	28.67	Emily Crawford	2014/2015 State Heat
400M	1.13.10	Isabella Rudolph	2011/2012 Region Heat
800M	2-41.84	Gabrielle Damm	2010/2011 State
1500M	5-23.05	Gabrielle Damm	2010/2011 State
60H	10.70	Danielle Osifo	2013/2014 Region
Long Jump	4.57	Danielle Osifo	2013/2014 State
High Jump	1.31	Sofia Metaxouli	2010/2011 State
Discus	30.54	Kristina Moore	2009/2010 Zone Final
Shotput	10.10	Kristina Moore	2009/2010 Region Final
UNDER 11 GIRLS CHAMPIONSHIP RECORDS			
100M	13.22	Brooke Jenkins	2009/2010 State Final

200M	27.12	Brooke Jenkins	2009/2010 State Heat
Under 11 Girls Championship records cont.			
400M	1-06.60	Courtney Cattell	2009/2010 State Final
800M	2.32.50	Gabrielle Damm	2011/2012 State
1500M	5.04.08	Gabrielle Damm	2011/2012 State
60H	10.30	Sofia Metaxouli	2011/2012 State
Long Jump	4.56	Amie Bowrey	2012/13 State
High Jump	1.40	Sofia Metaxouli	2011/2012 State
Triple Jump	9.67	Danielle Osifo	2014/2015 State
Shotput	11.01	Kristina Moore	2010/2011 State
Discus	30.63	Kristina Moore	2010/2011 State
1100m Walk	8.04.44	Xanthe Craig	2014/2015 Region
UNDER 12 GIRLS CHAMPIONSHIP RECORDS			
100M	13.17	Brooke Jenkins	2010/2011 State
200M	26.76	Brooke Jenkins	2010/2011 State
400m	1-06.39	Isabella Rudolph	2013/2014 Region
800M	2-32.74	Isabella Rudolph	2013/2014 State
1500M	4-43.10	Gabrielle Damm	2012/13 Zone
60H	9.77	Rachel Pace	2009/2010 State Final
Long Jump	4.81	Rachel Pace	2009/2010 Region Final
High Jump	1.52	Lara Newey	2009/2010 State Final
Triple Jump	10.16	Sofia Metaxouli	2012/13 State
Discus	38.50	Kristina Moore	2011/2012 State
Shotput	12.12	Kristina Moore	2011/2012 State
Javelin	34.21	Amie Bowrey	2013/2014 State
UNDER 13 GIRLS CHAMPIONSHIP RECORDS			
100M	13.20	Brooke Jenkins	2011/2012 Region Heat
200M	27.44	Eleanor Lamperts	2014/2015 State Heat
400M	1.03.72	Courtney Cattell	2011/2012 State
800M	2.33.78	Jessica Smillie	2014/2015 Region
1500M	5-17.40	Jessica Smillie	2014/2015 Region
3000M	11-25.4	Georgia Winkcup	2009/2010 Region Final
60H	10.02	Emily Crawford	2014/15 State Final
80H	12.67	Rachel Pace	2010/2011 State
200H	29.16	Rachel Pace	2010/2011 State
Long Jump	5.08	Amie Bowrey	2014/2015 State
High Jump	1.53	Maddison Sparkes	2010/2011 Zone
Triple Jump	10.71	Phoebe Deskovic	2009/2010 State Final

Discus	40.02	Kristina Moore	2012/13 State
Javelin	35.65	Kate Collett	2013/2014 State
<i>UNDER 13 GIRLS CHAMPIONSHIP RECORDS cont.</i>			
Shotput	12.12	Kristina Moore	2012/13 State
Javelin	37.66	Amie Bowrey	2014/15 State
UNDER 14 GIRLS CHAMPIONSHIP RECORDS			
100M	12.73	Karina Takchi	2009/2010 State Heat
200M	26.02	Karina Takchi	2009/2010 State Heat
400M	59.90	Erin Blundell	2009/2010 Region Final
800M	2-23.2	Erin Blundell	2009/2010 Region Final
1500m	5.44.26	Catalina Martinez	2012/2013 Region
3000M	11-24.30	Georgia Winkcup	2010/2011 State
80H	12.97	Rachel Pace	2011/2012 State
200H	28.82	Rachel Pace	2011/2012 State
Long Jump	5.15	Courtney Cattell	2012/13 Zone
High Jump	1.60	Becky Clark	2009/2010 State Final
		Nicole Freestone	2014/2015 Region
Triple Jump	11.15	Courtney Cattell	2012/13 State
Discus	21.66	Kristina Moore	2013/2014 State
Shotput	12.06	Kristina Moore	2013/2014 Zone
Javelin	26.63	Kristina Moore	2013/2014 Region
1500M Walk	10-27.00	Linda Nixon	2010/2011 Zone
UNDER 15 GIRLS CHAMPIONSHIP RECORDS			
100M	12.26	Katie Devitt	2014/2015 State Heat
200M	25.44	Karina Takchi	2010/2011 State
400M	59.48	Courtney Chamberlain	2009/2010 State Heat

800M	2-17.1	Courtney Chamberlain	2009/2010 Region Final
1500M	4-52.4	Courtney Chamberlain	2009/2010 Zone Final
3000M	10.48.05	Georgia Winkcup	2011/2012 State
90M Hurdles	13.12	Rachel Pace	2012/13 State Final
200M Hurdles	27.83	Rachel Pace	2012/13 State Final
Long Jump	5.30	Rachel Pace	2012/13 State
Triple Jump	11.15	Courtney Cattell	2013/2014 State
High Jump	1.73	Becky Clark	2010/2011 State
Discus	22.73	Kristina Moore	2010/2011 Zone
Shot Put	14.27	Kristina Moore	2014/2015 Region
Javelin	35.26	Kristina Moore	2014/2015 Zone
UNDER 17 GIRLS CHAMPIONSHIP RECORDS			
100M	12.17	Michelle Jenneke	2009/2010 State Heat
200M	24.64	Michelle Jenneke	2009/2010 State Final
400M	57.45	Jenny Blundell	2009/2010 State Final
800M	2-13.69	Jenny Blundell	2009/2010 State Final
1500M	4-33.13	Jenny Blundell	2009/2010 State Final
3000M	11-06.77	Georgia Winkcup	2012/13 State
100H	13.87	Michelle Jenneke	2009/2010 State Final
200H	26.43	Michelle Jenneke	2009/2010 State Final
Long Jump	5.44	Amy Pejkoivic	2009/2010 Zone Final
High Jump	1.65	Amy Pejkoivic	2009/2010 Zone Final
Triple Jump	11.92	Amy Pejkoivic	2009/2010 Zone Final
Shot Put	11.50	Gabby Ralphs	2010/2011 State
Javelin	34.90	Gabby Ralphs	2010/2011 Region

