

**2010 Australian Age Championships**  
**Sydney Olympic Park Athletics Centre, Homebush**  
**DRAFT Timetable as at 30 November 2009**

<b>Time</b>	<b>Event</b>	<b>Age Group</b>	<b>Classification</b>	<b>Round</b>
<b>Day One - Thursday 11 March 2010</b>				
9:30 AM	Triple Jump	Under 14 Women		FINAL
9:30 AM	Hammer Throw	Under 15 Women		FINAL
10:25 AM	110 metres Hurdles	Under 20 Men		1st Round
10:30 AM	Discus Throw#	Under 17 Women		FINAL
10:40 AM	110 metres Hurdles	Under 17 Men		1st Round
10:45 AM	Hammer Throw	Under 16 Women		FINAL
10:55 AM	110 metres Hurdles	Under 18 Men		1st Round
11:00 AM	High Jump	Under 17 Women		FINAL
11:00 AM	High Jump	Under 18 Women		FINAL
11:00 AM	Triple Jump	Under 14 Men		FINAL
11:15 AM	100 metres Hurdles	Under 20 Women		1st Round
11:30 AM	100 metres Hurdles	Under 17 Women		1st Round
11:45 AM	100 metres Hurdles	Under 18 Women		1st Round
11:45 AM	Discus Throw#	Under 18 Women		FINAL
12:00 PM	Hammer Throw	Under 15 Men		FINAL
12:00 PM	400 metres	Under 14 Men		1st Round
12:15 PM	400 metres	Under 14 Women		1st Round
12:30 PM	Triple Jump	Under 20 Women		FINAL
12:35 PM	200 metres Hurdles	Under 15 Men		1st Round
12:50 PM	200 metres Hurdles	Under 16 Men		1st Round
1:05 PM	200 metres Hurdles	Under 15 Women		1st Round
1:15 PM	Discus Throw#	Under 14 Women		FINAL
1:15 PM	Hammer Throw	Under 16 Men		FINAL
1:20 PM	200 metres Hurdles	Under 16 Women		1st Round
1:35 PM	400 metres	Under 20 Women		1st Round
1:50 PM	400 metres	Under 20 Men		1st Round
2:00 PM	Pole Vault	Under 15 Men		FINAL
2:00 PM	Pole Vault	Under 16 Men		FINAL
2:05 PM	800 metres	Under 17 Men		1st Round
2:17 PM	800 metres	Under 18 Men		1st Round
2:30 PM	Triple Jump	Under 20 Men		FINAL
2:30 PM	800 metres	Under 17 Women		1st Round
2:45 PM	800 metres	Under 18 Women		1st Round
2:45 PM	Discus Throw#	Under 14 Men		FINAL
2:45 PM	Javelin Throw	Under 17 Men		FINAL
3:00 PM	400 metres	Under 15 Men		1st Round
3:15 PM	400 metres	Under 16 Men		1st Round
3:30 PM	400 metres	Under 15 Women		1st Round
3:45 PM	400 metres	Under 16 Women		1st Round
4:00 PM	800 metres	Under 14 Men		1st Round
4:00 PM	Long Jump	Under 17 Men		FINAL
4:15 PM	800 metres	Under 14 Women		1st Round
4:15 PM	Javelin Throw	Under 18 Men		FINAL
4:30 PM	Discus Throw#	Under 20 Women		FINAL
4:30 PM	400 metres Hurdles	Under 20 Women		1st Round
4:45 PM	400 metres Hurdles	Under 20 Men		1st Round
5:00 PM	Pole Vault	Under 15 Women		FINAL
5:00 PM	Pole Vault	Under 16 Women		FINAL
5:00 PM	5000 metres Walk	Under 17 Men		FINAL
5:00 PM	5000 metres Walk	Under 18 Men		FINAL
5:30 PM	Long Jump	Under 18 Men		FINAL

5:30 PM	Discus Throw	Under 20 Men	FINAL
5:35 PM	2000 metres Steeplechase	Under 15 Men	FINAL
5:45 PM	2000 metres Steeplechase	Under 16 Men	FINAL
5:55 PM	2000 metres Steeplechase	Under 15 Women	FINAL
6:05 PM	2000 metres Steeplechase	Under 16 Women	FINAL
6:20 PM	4 x 100 metres Relay	Under 16 Men	FINAL
6:28 PM	4 x 100 metres Relay	Under 16 Women	FINAL
6:35 PM	5000 metres Walk	Under 17 Women	FINAL
6:35 PM	5000 metres Walk	Under 18 Women	FINAL
7:00 PM	Long Jump	Under 15 Men	FINAL
7:10 PM	3000 metres	Under 20 Women	FINAL
7:22 PM	5000 metres	Under 20 Men	FINAL
7:42 PM	400 metres Hurdles	Under 17 Women	1st Round
7:52 PM	400 metres Hurdles	Under 18 Women	1st Round
8:05 PM	400 metres Hurdles	Under 17 Men	1st Round
8:20 PM	400 metres Hurdles	Under 18 Men	1st Round

### Day Two - Friday 12 March 2010

9:00 AM	Triple Jump	Under 17 Men	FINAL
9:00 AM	Hammer Throw	Under 17 Men	FINAL
9:00 AM	800 metres	Under 20 Women	1st Round
9:15 AM	800 metres	Under 20 Men	1st Round
9:30 AM	Shot Put	Under 20 Men	FINAL
9:30 AM	400 metres	Under 17 Women	1st Round
9:45 AM	400 metres	Under 18 Women	1st Round
10:00 AM	High Jump	Under 15 Men	FINAL
10:00 AM	High Jump	Under 16 Men	FINAL
10:00 AM	400 metres	Under 17 Men	1st Round
10:15 AM	400 metres	Under 18 Men	1st Round
10:15 AM	Hammer Throw	Under 18 Men	FINAL
10:30 AM	Triple Jump	Under 18 Men	FINAL
10:30 AM	400 metres	Under 14 Women	Semi Finals
10:40 AM	400 metres	Under 14 Men	Semi Finals
10:55 AM	80 metres Hurdles	Under 14 Women	1st Round
11:00 AM	Shot Put	Under 20 Women	FINAL
11:15 AM	90 metres Hurdles	Under 14 Men	1st Round
11:30 AM	90 metres Hurdles	Under 15 Women	1st Round
11:45 AM	90 metres Hurdles	Under 16 Women	1st Round
11:45 AM	Javelin Throw	Under 17 Women	FINAL
12:00 PM	Long Jump	Under 17 Women	FINAL
12:05 PM	100 metres Hurdles	Under 15 Men	1st Round
12:20 PM	100 metres Hurdles	Under 16 Men	1st Round
TBD	1000 metres	Under 18 Women	YOG Trial
TBD	1000 metres	Under 18 Men	YOG Trial
12:30 PM	Shot Put	Under 15 Men	FINAL
12:35 PM	800 metres	Under 15 Women	1st Round
12:47 PM	800 metres	Under 16 Women	1st Round
1:00 PM	Pole Vault	Under 20 Women	FINAL
1:00 PM	Pole Vault	Under 20 Men	FINAL
1:00 PM	Javelin Throw	Under 18 Women	FINAL
1:00 PM	800 metres	Under 15 Men	1st Round
1:12 PM	800 metres	Under 16 Men	1st Round
1:30 PM	200 metres	Under 15 Women	1st Round
1:45 PM	200 metres	Under 16 Women	1st Round
2:00 PM	Shot Put	Under 16 Men	FINAL
2:00 PM	200 metres	Under 15 Men	1st Round
2:15 PM	200 metres	Under 16 Men	1st Round
2:30 PM	Long Jump	Under 18 Women	FINAL

2:30 PM	Javelin Throw	Under 14 Men	FINAL
2:35 PM	110 metres Hurdles	Under 20 Men	FINAL
2:45 PM	110 metres Hurdles	Under 17 Men	FINAL
2:52 PM	110 metres Hurdles	Under 18 Men	FINAL
3:02 PM	100 metres Hurdles	Under 20 Women	FINAL
3:12 PM	100 metres Hurdles	Under 17 Women	FINAL
3:20 PM	100 metres Hurdles	Under 18 Women	FINAL
3:30 PM	90 metres Hurdles	Under 14 Men	FINAL
3:40 PM	80 metres Hurdles	Under 14 Women	FINAL
3:50 PM	1500 metres Walk	Under 14 Women	FINAL
4:00 PM	High Jump	Under 15 Women	FINAL
4:00 PM	High Jump	Under 16 Women	FINAL
4:00 PM	Long Jump	Under 14 Men	FINAL
4:00 PM	Javelin Throw	Under 14 Women	FINAL
4:03 PM	200 metres Hurdles	Under 15 Women	FINAL
4:10 PM	200 metres Hurdles	Under 16 Women	FINAL
4:17 PM	200 metres Hurdles	Under 15 Men	FINAL
4:25 PM	200 metres Hurdles	Under 16 Men	FINAL
4:32 PM	1500 metres Walk	Under 14 Men	FINAL
4:45 PM	4 x 100 metres Relay	Under 18 Women	FINAL
4:52 PM	4 x 100 metres Relay	Under 18 Men	FINAL
5:00 PM	3000 metres	Under 15 Women	FINAL
5:13 PM	3000 metres	Under 16 Women	FINAL
5:26 PM	3000 metres	Under 15 Men	FINAL
5:30 PM	Long Jump	Under 14 Women	FINAL
5:30 PM	Discus Throw	Under 15 Women	FINAL
5:39 PM	3000 metres	Under 16 Men	FINAL
5:54 PM	3000 metres Steeplechase	Under 20 Women	FINAL
6:10 PM	3000 metres Steeplechase	Under 20 Men	FINAL
6:25 PM	2000 metres Steeplechase	Under 17 Women	FINAL
6:35 PM	2000 metres Steeplechase	Under 18 Women	FINAL
6:45 PM	2000 metres Steeplechase	Under 17 Men	FINAL
6:45 PM	Discus Throw	Under 16 Women	FINAL
6:55 PM	2000 metres Steeplechase	Under 18 Men	FINAL
7:10 PM	10000 metres Walk	Under 20 Women	FINAL
7:10 PM	10000 metres Walk	Under 20 Men	FINAL

NOTE Exact times for YOG 1000m trials will be determined after hurdle heat numbers is

### Day Three - Saturday 13 March 2010

9:00 AM	Hammer Throw	Under 20 Men	FINAL
9:00 AM	100 metres	Under 15 Women	1st Round
9:15 AM	100 metres	Under 16 Women	1st Round
9:30 AM	Triple Jump	Under 15 Men	FINAL
9:30 AM	Shot Put	Under 14 Men	FINAL
9:30 AM	100 metres	Under 15 Men	1st Round
9:45 AM	100 metres	Under 16 Men	1st Round
10:00 AM	100 metres	Under 20 Women	1st Round
10:15 AM	100 metres	Under 20 Men	1st Round
10:15 AM	Hammer Throw	Under 20 Women	FINAL
10:30 AM	High Jump	Under 17 Men	FINAL
10:30 AM	High Jump	Under 18 Men	FINAL
10:35 AM	200 metres	Under 17 Men	1st Round
10:50 AM	200 metres	Under 18 Men	1st Round
11:00 AM	Triple Jump	Under 16 Men	FINAL
11:00 AM	Shot Put	Under 14 Women	FINAL
11:05 AM	200 metres	Under 17 Women	1st Round
11:20 AM	200 metres	Under 18 Women	1st Round

11:35 AM	200 metres	Under 14 Women	1st Round
11:45 AM	Javelin Throw	Under 15 Women	FINAL
11:50 AM	200 metres	Under 14 Men	1st Round
12:10 PM	400 metres Hurdles	Under 17 Men	FINAL
12:15 PM	400 metres Hurdles	Under 18 Men	FINAL
12:25 PM	400 metres Hurdles	Under 17 Women	FINAL
12:30 PM	400 metres Hurdles	Under 18 Women	FINAL
12:30 PM	Shot Put	Under 17 Women	FINAL
12:40 PM	100 metres	Under 15 Women	FINAL
12:47 PM	100 metres	Under 16 Women	FINAL
12:55 PM	100 metres	Under 15 Men	FINAL
1:00 PM	Pole Vault	Under 14 Women	FINAL
1:00 PM	Pole Vault	Under 14 Men	FINAL
1:00 PM	Javelin Throw	Under 16 Women	FINAL
1:02 PM	100 metres	Under 16 Men	FINAL
1:10 PM	100 metres	Under 20 Women	FINAL
1:18 PM	100 metres	Under 20 Men	FINAL
1:30 PM	Long Jump	Under 20 Women	FINAL
1:30 PM	1500 metres	Under 15 Women	FINAL
1:38 PM	1500 metres	Under 16 Women	FINAL
1:48 PM	1500 metres	Under 15 Men	FINAL
1:56 PM	1500 metres	Under 16 Men	FINAL
2:00 PM	Shot Put	Under 18 Women	FINAL
2:10 PM	200 metres	Under 17 Women	FINAL
2:17 PM	200 metres	Under 18 Women	FINAL
2:25 PM	200 metres	Under 17 Men	FINAL
2:32 PM	200 metres	Under 18 Men	FINAL
2:40 PM	200 metres	Under 14 Women	FINAL
2:45 PM	Discus Throw	Under 17 Men	FINAL
2:48 PM	200 metres	Under 14 Men	FINAL
2:58 PM	800 metres	Under 17 Women	FINAL
3:00 PM	Long Jump	Under 20 Men	FINAL
3:05 PM	800 metres	Under 18 Women	FINAL
3:12 PM	800 metres	Under 17 Men	FINAL
3:20 PM	800 metres	Under 18 Men	FINAL
3:28 PM	800 metres	Under 14 Women	FINAL
3:35 PM	800 metres	Under 14 Men	FINAL
3:45 PM	400 metres	Under 20 Women	FINAL
3:52 PM	400 metres	Under 20 Men	FINAL
4:00 PM	Pole Vault	Under 17 Women	FINAL
4:00 PM	Pole Vault	Under 18 Women	FINAL
4:00 PM	Discus Throw	Under 18 Men	FINAL
4:00 PM	400 metres	Under 15 Women	FINAL
4:07 PM	400 metres	Under 16 Women	FINAL
4:15 PM	400 metres	Under 15 Men	FINAL
4:22 PM	400 metres	Under 16 Men	FINAL
4:30 PM	Long Jump	Under 15 Women	FINAL
4:35 PM	1500 metres	Under 20 Men	FINAL
4:45 PM	1500 metres	Under 20 Women	FINAL
4:55 PM	3000 metres	Under 17 Women	FINAL
5:08 PM	3000 metres	Under 18 Women	FINAL
5:15 PM	Discus Throw	Under 15 Men	FINAL
5:22 PM	4 x 100 metres Relay	Under 14 Men	FINAL
5:30 PM	4 x 100 metres Relay	Under 14 Women	FINAL
5:40 PM	3000 metres	Under 17 Men	FINAL
5:53 PM	3000 metres	Under 18 Men	FINAL
6:00 PM	Long Jump	Under 16 Women	FINAL
6:10 PM	3000 metres Walk	Under 15 Men	FINAL

6:10 PM	3000 metres Walk	Under 16 Men	FINAL
6:30 PM	Discus Throw	Under 16 Men	FINAL
6:32 PM	4 x 100 metres Relay	Under 20 Men	FINAL
6:40 PM	4 x 100 metres Relay	Under 20 Women	FINAL
6:50 PM	3000 metres Walk	Under 15 Women	FINAL
6:50 PM	3000 metres Walk	Under 16 Women	FINAL
7:10 PM	4 x 1500 metres Relay	Open Men	Match

#### Day Four - Sunday 14 March 2010

8:30 AM	100 metres	Under 14 Men	1st Round
8:50 AM	100 metres	Under 14 Women	1st Round
9:00 AM	Triple Jump	Under 17 Women	FINAL
9:00 AM	Hammer Throw	Under 17 Women	FINAL
9:05 AM	100 metres	Under 17 Men	1st Round
9:15 AM	Shot Put	Under 17 Men	FINAL
9:20 AM	100 metres	Under 18 Men	1st Round
9:30 AM	High Jump	Under 14 Men	FINAL
9:30 AM	High Jump	Under 14 Women	FINAL
9:35 AM	100 metres	Under 17 Women	1st Round
9:45 AM	100 metres	Under 18 Women	1st Round
10:05 AM	200 metres	Under 20 Women	1st Round
10:15 AM	Hammer Throw	Under 18 Women	FINAL
10:20 AM	200 metres	Under 20 Men	1st Round
10:30 AM	Triple Jump	Under 18 Women	FINAL
10:40 AM	100 metres Hurdles	Under 15 Men	FINAL
10:45 AM	Shot Put	Under 18 Men	FINAL
10:47 AM	100 metres Hurdles	Under 16 Men	FINAL
10:57 AM	90 metres Hurdles	Under 15 Women	FINAL
11:05 AM	90 metres Hurdles	Under 16 Women	FINAL
11:15 AM	*100 metres	Under 14 Men	Semi Finals
11:25 AM	*100 metres	Under 14 Women	Semi Finals
11:30 AM	Pole Vault	Under 17 Men	FINAL
11:30 AM	Pole Vault	Under 18 Men	FINAL
11:35 AM	1500 metres	Under 14 Men	FINAL
11:45 AM	1500 metres	Under 14 Women	FINAL
11:45 AM	Javelin Throw	Under 15 Men	FINAL
11:55 AM	100 metres	Under 17 Men	FINAL
12:00 PM	Triple Jump	Under 15 Women	FINAL
12:02 PM	100 metres	Under 18 Men	FINAL
12:10 PM	100 metres	Under 17 Women	FINAL
12:15 PM	Shot Put	Under 15 Women	FINAL
12:17 PM	100 metres	Under 18 Women	FINAL
12:27 PM	200 metres	Under 20 Women	FINAL
12:30 PM	Javelin Throw	Under 16 Men	FINAL
12:32 PM	200 metres	Under 20 Men	FINAL
12:42 PM	800 metres	Under 15 Men	FINAL
12:50 PM	800 metres	Under 16 Men	FINAL
12:58 PM	800 metres	Under 15 Women	FINAL
1:05 PM	800 metres	Under 16 Women	FINAL
1:12 PM	800 metres	Under 20 Women	FINAL
1:20 PM	800 metres	Under 20 Men	FINAL
1:30 PM	Triple Jump	Under 16 Women	FINAL
1:30 PM	400 metres Hurdles	Under 20 Women	FINAL
1:40 PM	400 metres Hurdles	Under 20 Men	FINAL
1:45 PM	Shot Put	Under 16 Women	FINAL
1:48 PM	400 metres	Under 17 Men	FINAL
1:55 PM	400 metres	Under 18 Men	FINAL
2:00 PM	High Jump	Under 20 Men	FINAL

2:00 PM	High Jump	Under 20 Women	FINAL
2:00 PM	Javelin Throw	Under 20 Men	FINAL
2:02 PM	400 metres	Under 17 Women	FINAL
2:10 PM	400 metres	Under 18 Women	FINAL
2:20 PM	100 metres	Under 14 Men	FINAL
2:28 PM	100 metres	Under 14 Women	FINAL
2:38 PM	1500 metres	Under 17 Men	FINAL
2:46 PM	1500 metres	Under 18 Men	FINAL
2:55 PM	200 metres	Under 15 Men	FINAL
3:00 PM	Long Jump	Under 16 Men	FINAL
3:02 PM	200 metres	Under 16 Men	FINAL
3:10 PM	200 metres	Under 15 Women	FINAL
3:18 PM	200 metres	Under 16 Women	FINAL
3:15 PM	Javelin Throw	Under 20 Women	FINAL
3:28 PM	1500 metres	Under 17 Women	FINAL
3:36 PM	1500 metres	Under 18 Women	FINAL
3:45 PM	*400 metres	Under 14 Men	FINAL
3:52 PM	*400 metres	Under 14 Women	FINAL
4:02 PM	4 x 400 metres Relay	Under 18 Men	FINAL
4:10 PM	4 x 400 metres Relay	Under 18 Women	FINAL
4:18 PM	4 x 400 metres Relay	Under 20 Men	FINAL
4:25 PM	4 x 400 metres Relay	Under 20 Women	FINAL
4:35 PM	4 x 200 metres Relay	Under 16 Men	FINAL
4:42 PM	4 x 200 metres Relay	Under 16 Women	FINAL

NOTE \* indicates which round will be removed if three rounds are not required







clear





