

CHERRYBROOK SENIOR ATHLETICS NEWSLETTER

8th FEBRUARY 2018

CONGRATULATIONS

CONGRATULATIONS to the **21 Cherrybrook Athletes** who competed at the NSW Open & Para Championships at the weekend winning eleven medals (**2 Gold, 3 Silver and 6 Bronze**).

CONGRATULATIONS to our **Gold Medallists: Julia Charlton** (WC Discus) and **Holly Saunders** (Amb Long Jump).

The event also doubled up as the NSW U23 Championships. **CONGRATULATIONS** to our **U23 Athletes** who secured seven medals (**3 Gold, 2 Silver and 2 Bronze**).

CONGRATULATIONS to our **U23 Gold Medallists: Jacob McCorry** (110m Hurdles), **Alysha Burnett** (Javelin) and **Rachel Pace** (100m Hurdles).

CONGRATULATIONS to **Matt Joyce** (1500m) and **Jacob McCorry** (110m Hurdles) on setting Cherrybrook Bests. Matt took four seconds off his own record set eight years ago.

GOOD LUCK

Good luck to the 44 Cherrybrook Athletes competing at the NSW Junior & Youth Championships this weekend. Cherrybrook Juniors will be sat in Bay 9 and all competing athletes (& supporters) are encouraged to sit there and cheer the mighty Cherrybrook competitors home.

Good luck to the 11 Cherrybrook Athletes competing at the Australian Athletics Championships & Nominations Trials on the Gold Coast next weekend.

FRIDAY NIGHT CLUB COMPETITION

Cherrybrook Little Athletics Friday night competition is on every Friday.

UPCOMING EVENTS

Australian Junior & Youth Championships (SOPAC March 14th – March 18th)

The inaugural Australian Junior Athletics Championships for able-bodied and para-athletes will be held at SOPAC from 14 - 18 March, 2018. Nomination is now open and there is no cost to nominate. **Nominations close 9:00am Monday 12th February** (day after NSW Junior Championships).

Athletes whose nominations are approved for the NSW team to compete at the 2018 Australian Junior Athletics Championships in Sydney will need to complete their online registration and pay the team levy. All approved nominations will be posted on the Athletics NSW webpage under the 'Teams' tab on Monday 12th February 2018, and will be sent a link to complete registration via email. Only athletes who appear on the approved nominees list may register.

The cut off for registrations is **5:00pm, Friday 16th February 2018**.

NSW 2017/18 SUMMER SEASON CALENDAR

The calendar can be accessed from:

<http://www.nswathletics.org.au/Portals/18/Competition/2017/2017.18%20ATHLETICS%20NSW%20CALENDAR%20V3.pdf>

ATHLETICS AUSTRALIA 2017/18 SUMMER SEASON CALENDAR

The Athletics Australia calendar for the 2017/18 summer season can be accessed from:

<http://athletics.com.au/Portals/56/Images/Marketing/Summer1718/2017-18%20Calendar%20Updated%2027.11.2017.pdf>

WORLD U20 SELECTION POLICY

Athletics Australia has released the selection policy for the 2018 *IAAF World U20 Championships* to be held in Tampere, Finland from 10-15 July 2018. Selection is open to athletes born in 1999, 2000 or 2001. The selection policy can be accessed from:

http://athletics.com.au/Portals/56/High%20Performance/Documents/WU20/2018%20IAAF%20World%20U20%20Championships%20-%20Published%2014_9_17.pdf

YOUTH OLYMPIC GAMES

The **2018 Youth Olympic Games** will be held in Buenos Aires, Argentina from 6-18 October 2018. The Youth Olympic Games is an under 18 event, athletes born in 2001 & 2002 will be eligible for nomination. The selection policy which was released 15 November is still under review and there may be some modifications. More details, including a list of the events, are available from:

<http://athletics.com.au/High-Performance/Able-Bodied/Team-Information/Youth-Olympic-Games>

CHERRYBROOK RECORDS

If you think you have broken a Cherrybrook record during the season please provide details to Robert Clark at robclark307@gmail.com. Records at the start of the season are set out in the 2016-2017 Red Book and on the Club website under Centre Records

<http://www.cherrybrookathletics.org.au/20162017%20Stuff/PDFs/SENIOR%20CURRENT%20RECORDS%20update%201.6.17.pdf>

AUSTRALIAN STATE AND TERRITORY BODIES

For a full listing of contact details for any Australian State or territory athletics body visit <http://athletics.com.au/About-Us/Member-Associations>

This could come in handy if looking for competition in other parts of Australia.

IPC SANCTIONED MEET CALENDAR

To view the latest 2017/18 IPC sanctioned meet calendar for para athletes looking to qualify for international competition please visit

<http://www.athletics.com.au/LinkClick.aspx?fileticket=fA65iLe-2EQ%3d&portalid=56>

Para Athletes please note that you are welcome to compete at all NSW Athletics events throughout the summer season and that qualifying for the Australian Nationals can be achieved at any Allcomers or Treloar Shield event.

ALL ATHLETICS RESULTS

“All-Athletics.com” is the world’s most comprehensive online data base showing athlete statistics including PB’s, when they were performed, wind readings, rankings etc. Chances are you are on it. Just visit www.all-athletics.com click on Athlete Search at the top of the page and enter your name.

RESULTS

Only results from Cherrybrook Club competition and State permit meets eg Allcomers, Treloar Shield events and State/National events will be reported by the club. If you compete at other meets please send your results, along with proof of performance to Robert Clark at robclark307@gmail.com. Please notify Robert if your results are missing, incorrect or a PB performance has been missed.

NSW Open, U23 & Para Championships – SOPAC 2nd Feb – 4th Feb 2018

Name	Age	Event	Result	Place	Detail
Donovan Bradshaw	14	100m	11.77s	40th	
		Long Jump	5.67m	9th	
Evan Clothier	24	100m	11.03s		
		200m	21.88s	4th	
Jacob McCorry	21	110m Hurdles	13.94s	Bronze	PB CB U23 Gold
Kailyn Joseph (Para Amb)	16	100m	16.68s	Bronze	PB
		200m	35.57s	5th	
		Long Jump	4.15m	Bronze	PB
Julie Charlton (Para WC)	19	Shot Put	4.81m	Silver	
		Discus	12.50m	Gold	SB
		Javelin	10.26m	Silver	PB
Daisy Bryant	21	100m	13.56s	42nd	
		200m	28.14s	41st	
Joel Davidson	19	100m	11.78s	41st	SB
		Long Jump	4.54m	10th	
Danielle Osifo	15	100m	13.18s	40th	
		Long Jump	4.24m	14th	
Sam Dale	17	Long Jump	5.67m	Bronze	
Francesca Sugiaman	16	100m	13.71s	43rd	
		200m	28.65s	42nd	
Harrison Andrews	23	100m	10.87s	8th	U23 Bronze
Matt Joyce	29	800m	2:03.16s	33rd	
		1500m	4:13.77s	26th	PB, CB
Nick Thomson	19	100m	11.19s	18th	PB
Morgan Little	16	400m	55.45s	34th	
Isabella Rudolph	17	High Jump	1.60m	8th	
Eleanor Lamperts	17	200m	27.33s	33rd	
Rachel Pace	20	100m Hurdles	14.86s	6th	SB U23 Gold
Emily Jones	20	Triple Jump	10.23m	8th	U23 Silver
Brianna Phillips	21	100m	13.08s	34th	PB
Alysha Burnett	21	Long Jump	5.70m	Silver	U23 Silver
		Shot Put	13.04m	Bronze	U23 Bronze
		Javelin	44.92m	Bronze	U23 Gold
Holly Saunders (Para Amb)	15	100m	17.80s	6th	
		200m	38.00s	7th	PB
		Long Jump	2.34m	Gold	
		Discus	14.50m	6th	