

CHERRYBROOK SENIOR ATHLETICS NEWSLETTER

21st FEBRUARY 2018

CONGRATULATIONS

CONGRATULATIONS to the **11 Cherrybrook Athletes** who competed at the Australian Open and Commonwealth Nomination Trials on the Gold Coast winning **7 medals (1 Gold, 2 Silver and 4 Bronze)**.

CONGRATULATIONS to our **Australian Medallists: Julia Charlton (1 Silver, 2 Bronze), Harrison Andrews (Gold), Holly Saunders (Silver), Alysha Burnett (Bronze) and Jacob McCorry (Bronze)**.

CONGRATULATIONS to **Alysha Burnett** on securing her **fifth Commonwealth Games "B" Qualifier** in the Heptathlon and **Kailyn Joseph** on securing her **third Commonwealth Games "B" Qualifier** in the long jump.

CONGRATULATIONS to **Julie Charlton** on setting a **new Australian U20 Record** in the Shot Put. Julie also equalled the Open Meet Record.

CONGRATULATIONS to **Lauren Clark** on setting a **new Cherrybrook Best** in the hammer.

Belated **CONGRATULATIONS** to **Nick Thomson** on winning **gold** in the u20 110m Hurdles at the **NSW Junior Championships**. A gremlin attack (aka as my mistake) resulted in last week's newsletter erroneously showing the incorrect position for Nick.

CONGRATULATIONS to all our **Dual Athletes** who competed at LA Region last weekend. The results and performances were as usual very good.

FRIDAY NIGHT CLUB COMPETITION

Cherrybrook Little Athletics Friday night competition is on every Friday.

GOOD LUCK

Good luck to Athletes competing at the Bankstown All-Comers and NSW Throwers Club this weekend.

UPCOMING EVENTS

Bankstown All-Comers - Saturday 24 February 2018

The Bankstown All-Comers will be held this Saturday at the Crest Athletics Track, 70 McClean St, Georges Hall, NSW, 2198.

Events are 100m, 200m, 800m, 200/400m Hurdles, 2000m Walk, Discus & Long Jump

On-line entries have closed but on the day entry will be available for \$20 for ANSW Members/Dual Members, \$25 for non-members. On the day entry must be completed one (1) hour prior to the athlete's first event at the Athlete Check-In Area.

More details can be found on:

<http://www.nswathletics.org.au/Events/Calendar/ANSW-Club-Events/bankstown-all-comers-7>

NSW Throwers Club – Greystanes 25 February

There will be a NSW Throwers Club meeting on Sunday. Hammer 9am, Discus 10:15am, Shot 11am. Check-in 30 minutes before.

Further details on the NSW Throwers Club Facebook page.

Australian Junior & Youth Championships (SOPAC March 14th – March 18th)

The inaugural Australian Junior Athletics Championships for able-bodied and para-athletes will be held at SOPAC from 14 - 18 March, 2018. Nominations have now closed for this event.

NSW 2017/18 SUMMER SEASON CALENDAR

The calendar can be accessed from:

<http://www.nswathletics.org.au/Portals/18/Competition/2017/2017.18%20ATHLETICS%20NSW%20CALENDAR%20V3.pdf>

ATHLETICS AUSTRALIA 2017/18 SUMMER SEASON CALENDAR

The Athletics Australia calendar for the 2017/18 summer season can be accessed from:

<http://athletics.com.au/Portals/56/Images/Marketing/Summer1718/2017-18%20Calendar%20Updated%2027.11.2017.pdf>

WORLD U20 SELECTION POLICY

Athletics Australia has released the selection policy for the 2018 *IAAF World U20 Championships* to be held in Tampere, Finland from 10-15 July 2018. Selection is open to athletes born in 1999, 2000 or 2001. The selection policy can be accessed from:

http://athletics.com.au/Portals/56/High%20Performance/Documents/WU20/2018%20IAAF%20World%20U20%20Championships%20-%20Published%2014_9_17.pdf

YOUTH OLYMPIC GAMES

The **2018 Youth Olympic Games** will be held in Buenos Aires, Argentina from 6-18 October 2018. The Youth Olympic Games is an under 18 event, athletes born in 2001 & 2002 will be eligible for nomination.

The nomination and selection process now includes an additional step which we wish to draw your attention to.

As the Area Association of the IAAF, Oceania Athletics determines the location of the qualifying event for YOG. Oceania Athletics have determined that the Melanesian Championships, to be held in Port Villa, Vanuatu from 9-11 May 2018, will be the relevant qualifying event.

This means that **athletes seeking selection in the YOG team will be required to compete at both the Australian Junior Championships (Sydney, 14-19 March) and the Melanesian Championships. In addition, athletes are required to win the Melanesian Championships to be eligible for YOG nomination.**

Further details can be found from the following link:

<http://athletics.com.au/High-Performance/Able-Bodied/Team-Information/Youth-Olympic-Games>

2018 MELANESIAN REGIONAL CHAMPIONSHIPS

Athletics Australia has released selection details for the **2018 Oceania Melanesian Regional Championships** which will be held in Port Vila, Vanuatu from the 9th - 11th of May, 2018.

PLACE

1. A maximum of 2 athletes per event will be selected from the nominations for Under 18 and a maximum of 1 for Open. Para selections are at the discretion of selection panel.
2. Selection for the Open Australian Team will be the athlete, from the nominations, who placed highest in their respective Open event at the 2018 Athletics Australia Open Championships.
3. Selection for the U18 Australian Team will be a maximum of two athletes, from the nominations, who placed highest in the respective U18 event at the 2018 Athletics Australia Junior Championships.
4. To be eligible for selection in the U18 Team, athletes must be born in 2001 or 2002. To be eligible for selection in the Open Team, athletes must be born in 2000 or earlier.
5. Athletes must also have met a qualification standard set by Oceania and outlined in the selection policy.

More information, including the Selection Policy, Qualification Standard & a link to the Online Nomination portal can be found under the following link:

<http://qldathletics.org.au/2018melanesianchamps>

CHERRYBROOK RECORDS

If you think you have broken a Cherrybrook record during the season please provide details to Robert Clark at robclark307@gmail.com. Records at the start of the season are set out in the 2016-2017 Red Book and on the Club website under Centre Records

<http://www.cherrybrookathletics.org.au/20162017%20Stuff/PDFs/SENIOR%20CURRENT%20RECORDS%20update%201.6.17.pdf>

AUSTRALIAN STATE AND TERRITORY BODIES

For a full listing of contact details for any Australian State or territory athletics body visit <http://athletics.com.au/About-Us/Member-Associations>

This could come in handy if looking for competition in other parts of Australia.

IPC SANCTIONED MEET CALENDAR

To view the latest 2017/18 IPC sanctioned meet calendar for para athletes looking to qualify for international competition please visit

<http://www.athletics.com.au/LinkClick.aspx?fileticket=fA65iLe-2EQ%3d&portalid=56>

Para Athletes please note that you are welcome to compete at all NSW Athletics events throughout the summer season and that qualifying for the Australian Nationals can be achieved at any Allcomers or Treloar Shield event.

RESULTS

Only results from Cherrybrook Club competition and State permit meets eg Allcomers, Treloar Shield events and State/National events will be reported by the club. If you compete at other meets please send your results, along with proof of performance to Robert Clark at robclark307@gmail.com . Please notify Robert if your results are missing, incorrect or a PB performance has been missed.

Australian Open Championships – Carrara 15th Feb – 18th Feb 2018

Name	Event	Result	Place	Detail
Alysha Burnett	100m Hurdles	14.70s		
	High Jump	1.81m		
	Shot Put	12.96m		
	200m	25.97s		
	Long Jump	5.88m		
	Javelin	45.64m		
	800m	2:28.50s		
	Heptathlon	5699	Bronze	CGBQ
Lauren Clark	Hammer	46.77m	10th	PB, CB
Julie Charlton (WC)	Shot Put	5.34m	Bronze	SB, AU20R
	Discus	12.07m	Silver	
	Javelin	8.87m	Bronze	
Evan Clothier	100m	11.09s	34th	
	200m	22.26s	21st	
Holly Saunders (Amb)	Long Jump	2.53m	Silver	
	Discus	15.06m	6th	
Kailyn Joseph (Amb)	Long Jump	4.09m	5th	CGBQ
	100m	16.65s	14th	PB
Harrison Andrews	100m	10.71s	23rd	PB
	4 x 100m	40.45s	Gold	
Nick Andrews	100m	10.77s	20th	
Jacob McCorry	110m Hurdles	14.02s	Bronze	
Rachel Pace	100m Hurdles	14.84s	16th	SB
Natalie Setiadji	100m Hurdles	15.43s	17th	