

# CHERRYBROOK SENIOR ATHLETICS NEWSLETTER

## 16<sup>th</sup> MARCH 2018

### CONGRATULATIONS

**CONGRATULATIONS** to the 31 Junior & Youth Cherrybrook Athletes who are competing at the Australian Junior & Youth Championships this week. There have already been a raft of impressive performances with no doubt many more to occur over the weekend. See next week's newsletter for details.

### REMINDERS

Nominations for the **World U20 Championships** must be received by **11.59pm AEDT Sunday 18 March 2018**.

Nominations for the **Youth Olympic Championships** must be received by **11.59pm AEDT Sunday 18 March 2018**.

Nominations for the **Melanesian Area Championships** must be received by **11.59pm AEDT Sunday 18 March 2018**.

Entries for the **Australian Masters Championships** must be received by **11.59pm AEDT Friday 16 March 2018**.

Nominations for the **Daniel Berry Award** are currently open and will close on **Friday 30<sup>th</sup> March, 5pm**

### FRIDAY NIGHT CLUB COMPETITION

The last Cherrybrook Little Athletics Friday night competition is on this Friday (16<sup>th</sup> March).

### AUSTRALIAN JUNIOR & YOUTH CHAMPIONSHIPS

Athletes, coaches, friends & relatives are advised to book parking if driving to SOPAC this weekend due to the concerts, Easter Show Road Closures and other events.

Athletes are encouraged to make use of the free massage/physio from the NSW team which includes Cherrybrook athlete Henry Jones.

### GOOD LUCK

**Good luck** to Cherrybrook Athletes competing this weekend at the **Australian Junior & Youth Championships**, the **Sydney Grand Prix** and the **NSW Masters Heavy Weight Championships**.

### UPCOMING EVENTS

#### **Bankstown All-Comers March 24<sup>th</sup>**

There will be an All-Comers meet at Bankstown on Saturday March 24<sup>th</sup>. The events on offer are 100m, 200m, 400m, Sprint Hurdles, 1500m, High Jump, Long Jump, Shot Put and Discus Throw. On Line Entry closes on Wednesday 21<sup>st</sup> March at 9am and is available through the link:

<https://bankstownacmarch18.eventdesq.com/>

On-the-day entries will be available for \$20 cash (ANSW/Dual Members) and \$25 cash (non-members). If you intend to register on the day of the event, please make sure you arrive at athlete check-in at least one hour prior to your first event/s.

## DANIEL BERRY AWARD – NOMINATIONS NOW OPEN

Daniel Berry was a Cherrybrook Seniors athlete from 2009 – 2013. Throughout this period of time Daniel broke many NSW and Australian records in the U/20 and Open Male AWD divisions in running events ranging from 100m-1500m as well as Long Jump and Discus. He also participated for Cherrybrook Athletics on a regular basis at interclub competitions, State Relays and All-comers events with great enthusiasm and determination every time he competed. In July 2013 Daniel past away at the very young age of 22. He will be long remembered by our club for his loving nature, generous spirit, tenacious excellent sportsmanship, competitive drive, humble attitude and the inspirational way he lived his life on and off the Athletics track.

In memory of Daniel Berry the **Daniel Berry Award** was established for Seniors athletes. The criteria to win this award are as follows:

1. **Age:** Must be at least in the Under 18's age group with the minimum age being 16
2. **Attitude and Sportmanship:** A positive attitude and a willingness to embrace good sportsmanship
3. **Attendance:** The athlete must have competed a minimum of **8 times** in a season for which can include representation for Cherrybrook Senior Athletics, NSW Athletics and/or Athletics Australia

\* **The athlete must also have competed for the club for a minimum of 2 Athletics season(s)**

To nominate an athlete who you believe is worthy of this award for the 2017/18 season please complete the following survey: <https://www.surveymonkey.com/r/BQM8X83>

**Nominations can be made by Cherrybrook registered Senior Athletes, Seniors Athletics Committee members or parents submitting on behalf of senior athletes.**

**Nominations Close by Friday 30<sup>th</sup> March, 5pm.**

### NSW 2017/18 SUMMER SEASON CALENDAR

The calendar can be accessed from:

<http://www.nswathletics.org.au/Portals/18/Competition/2017/2017.18%20ATHLETICS%20NSW%20CALENDAR%20V3.pdf>

### ATHLETICS AUSTRALIA 2017/18 SUMMER SEASON CALENDAR

The Athletics Australia calendar for the 2017/18 summer season can be accessed from:

<http://athletics.com.au/Portals/56/Images/Marketing/Summer1718/2017-18%20Calendar%20Updated%2027.11.2017.pdf>

### WORLD U20 SELECTION POLICY

Athletics Australia has released the selection policy for the 2018 **IAAF World U20**

**Championships** to be held in Tampere, Finland from 10-15 July 2018. Selection is open to athletes born in 1999, 2000 or 2001. The selection policy can be accessed from:

[http://athletics.com.au/Portals/56/High%20Performance/Documents/WU20/2018%20IAAF%20World%20U20%20Championships%20-%20Published%2014\\_9\\_17.pdf](http://athletics.com.au/Portals/56/High%20Performance/Documents/WU20/2018%20IAAF%20World%20U20%20Championships%20-%20Published%2014_9_17.pdf)

### YOUTH OLYMPIC GAMES

The **2018 Youth Olympic Games** will be held in Buenos Aires, Argentina from 6-18 October 2018. The Youth Olympic Games is an under 18 event, athletes born in 2001 & 2002 will be eligible for nomination.

**The nomination and selection process now includes an additional step which we wish to draw your attention to.**

As the Area Association of the IAAF, Oceania Athletics determines the location of the qualifying event for YOG. Oceania Athletics have determined that the Melanesian Championships, to be held in Port Villa, Vanuatu from 9-11 May 2018, will be the relevant qualifying event.

This means that **athletes seeking selection in the YOG team will be required to compete at both the Australian Junior Championships (Sydney, 14-19 March) and the Melanesian Championships. In addition, athletes are required to win the Melanesian Championships to be eligible for YOG nomination.** Further details can be found from the following link:

<http://athletics.com.au/High-Performance/Able-Bodied/Team-Information/Youth-Olympic-Games>

### **2018 MELANESIAN REGIONAL CHAMPIONSHIPS**

Athletics Australia has released selection details for the **2018 Oceania Melanesian Regional Championships** which will be held in Port Vila, Vanuatu from the 9th - 11th of May, 2018.

#### **PLACE**

1. A maximum of 2 athletes per event will be selected from the nominations for Under 18 and a maximum of 1 for Open. Para selections are at the discretion of selection panel.
2. Selection for the Open Australian Team will be the athlete, from the nominations, who placed highest in their respective Open event at the 2018 Athletics Australia Open Championships.
3. Selection for the U18 Australian Team will be a maximum of two athletes, from the nominations, who placed highest in the respective U18 event at the 2018 Athletics Australia Junior Championships.
4. To be eligible for selection in the U18 Team, athletes must be born in 2001 or 2002. To be eligible for selection in the Open Team, athletes must be born in 2000 or earlier.
5. Athletes must also have met a qualification standard set by Oceania and outlined in the selection policy.

More information, including the Selection Policy, Qualification Standard & a link to the Online Nomination portal can be found under the following link:

<http://qldathletics.org.au/2018melanesianchamps>

### **CHERRYBROOK RECORDS**

If you think you have broken a Cherrybrook record during the season please provide details to Robert Clark at [robclark307@gmail.com](mailto:robclark307@gmail.com). Records at the start of the season are set out in the 2016-2017 Red Book and on the Club website under Centre Records

<http://www.cherrybrookathletics.org.au/20162017%20Stuff/PDFs/SENIOR%20CURRENT%20RECORDS%20update%201.6.17.pdf>

### **AUSTRALIAN STATE AND TERRITORY BODIES**

For a full listing of contact details for any Australian State or territory athletics body visit <http://athletics.com.au/About-Us/Member-Associations>

This could come in handy if looking for competition in other parts of Australia.

## IPC SANCTIONED MEET CALENDAR

To view the latest 2017/18 IPC sanctioned meet calendar for para athletes looking to qualify for international competition please visit

<http://www.athletics.com.au/LinkClick.aspx?fileticket=fA65iLe-2EQ%3d&portalid=56>

Para Athletes please note that you are welcome to compete at all NSW Athletics events throughout the summer season and that qualifying for the Australian Nationals can be achieved at any Allcomers or Treloar Shield event.

## RESULTS

Only results from Cherrybrook Club competition and State permit meets eg Allcomers, Treloar Shield events and State/National events will be reported by the club. If you compete at other meets please send your results, along with proof of performance to Robert Clark at [robclark307@gmail.com](mailto:robclark307@gmail.com). Please notify Robert if your results are missing, incorrect or a PB performance has been missed.

### SOPAC All Comers 10<sup>th</sup> March 2018

ATHLETE	AGE	EVENT	RESULT	PLACE	Detail
Eleanor Lamperts	17	100m	13.20s	26th	
		200m	26.47s	25th	PB
Tara Webb	12	100m	14.32s	40th	
		200m	29.54s	45th	
		Triple Jump	8.62m	4th	PB
Francesca Sugiaman	15	100m	13.70s	34th	
		200m	27.39s	36th	PB
Daisy Bryant	21	100m	13.46s	31st	
		200m	26.60s	27th	PB
Sam Coburn	20	100m	11.73s	35th	
		200m	23.59s	22nd	SB
Morgan Little	16	100m	12.42s	46th	
Joel Davidson	19	Triple Jump	12.89m	4th	SB
Brianna Phillips	20	100m	13.34s	29th	
Matt Joyce	29	800m	2:01.84s	18th	
Hugh Hunt	20	800m	2:01.93s	19th	
Isabella Rudolph	17	High Jump	1.70m	4th	
Lauren Clark	18	Hammer	46.71m	4th	
Robert Clark	57	Hammer	36.62m	1st	