

CHERRYBROOK LITTLE ATHLETICS SEASON 2017/18  
NEWSLETTER NO 23

Program 2 this week

FRIDAY 23rd Feb 2018

- Program 2 this week
- 4 weeks of LA's remaining: Feb 23rd, Mar 2, Mar 9, Mar 15 (note that the calendar on the website is incorrect)
- Regional highlights
- State Championships 23rd- 25th March
- Parent roster
- Entering and Uploading of field results
- Link for uploading good photos for the red book
- Canteen – beef burgers
- Senior/Dual Athlete information

**REGIONAL HIGHLIGHTS:**

Well what a fabulous weekend Cherrybrook had at the Regional carnival at SOPAC. The competition was fantastic, as were many of our results with heaps of huge PB's. A full report will follow next week once the other regions have completed their carnival which will allow us to know who has qualified for state. We have many automatic qualifiers (those who came first or second in their events) but await to see how many more will make it as one of the next 8 best performances from all regions.

In the meantime, a few highlights from the carnival are as follows:

**2 new region records – Tayla Moore U9G Shot put** with a mighty throw of 8.59m, and **Donovan Bradshaw** who had a very entertaining jump-off (complete with crowd clapping!) with fellow Cherrybrook athlete Jonathon Reid to win the **u14 boys Long jump** in a new record of 6.22m – what a great jump.

However, the absolute highlight for those who stayed to the end was provided by our **Senior boys relay team**, in a way that I doubt will ever be repeated. Our team of **Jonathon Reid, Donovan Bradshaw, Ajaiy Mohanraja and Morgan Little** flew around the track for the last event of the day, finishing in a dead heat for first with the Kuringai team. This prompted a run off for the 2 teams to determine which team made it to the State championships. In an unbelievably tight finish, Morgan Little received the baton for the 4th leg together with the super-fast 4th runner from Kuringai (who had clocked an amazing 11.46 in his individual 100m earlier in the carnival) and held him out to win by 0.01 sec!! – incredible stuff, and a fantastic way to end the carnival. The Cherrybrook crowd who had stayed to watch were in fine voice after that!! – well done boys – that's our first relay team through to the state Final for a number of years.

A special thanks to all of our athletes who performed really well, as well as to the many officials and parent helpers who put together a great carnival.

**If any athletes who have qualified know they will be unavailable for State (23-25 March), Please let me know BEFORE FRIDAY as we can notify our region to allow another athlete to compete.**

**PARENT ROSTERS AND FIELD EVENT RESULTS:**

Thank you to those parents who enter field event results each week – we really appreciate your assistance. Just a reminder that there is no need to upload the results if using the computer over near high jump. But if you are entering results on a phone, you need to upload them after entering them. Please also take care that results are entered against the correct athlete name – we have had some issues and needed to re-enter a few results lately. Any questions please speak to Christian Budden or Jill Ingram

Please find the link below for the duty roster for this Friday 23rd:

<http://www.signupgenius.com/go/60b054caaa929a13-cherrybrook13>

**Please sign up to a duty before 5pm on Friday to avoid doubling up of duties and long queues upon arrival.**

**CANTEEN**

This week's special at the canteen is Beef burgers, as well as the usual sausage sandwiches etc. Don't forget that we have a range of drinks, coffee and other snacks available as well as the ever popular spiders, so come and join us for some yummy treats.

Happy Athletics

## PHOTOS FOR RED BOOK

Many of you will have some good photos of your children or others. If you have any good photos that might be suitable for the redbook, below is a link where you can upload them. **PLEASE ONLY UPLOAD CLEAR, CLOSE UP PHOTOS, AND A MAXIMUM OF 3 PER FAMILY UNLESS YOU HAVE GOOD GROUP PHOTOS OF OTHERS IN ADDITION.**

### We would love photos from region, zone or Friday nights

Either click on this link OR copy and paste into the browser, then select the files to upload from their computer or device.

Region Link:

<https://www.dropbox.com/request/qsdEJzUrvuYLVvbDt9m9>

Zone Link:

<https://www.dropbox.com/request/vglXkHvRswMjMOPZoPz0>

Alternatively, if you only have 1 or 2 then - just email them to [CherrybrookRedBook@gmail.com](mailto:CherrybrookRedBook@gmail.com)

### PENRITH VALLEY NITRO ATHLETICS:

Penrith Valley are hosting a Nitro athletics meet this Friday with individual and team events. If you would like more information have a look at their facebook post:

<https://www.facebook.com/events/556767671336608/permalink/561725644174144/>

### SENIORS/ DUAL ATHLETES –

See Athletics NSW website for details: <http://nswathletics.org.au/>

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