

**CHERRYBROOK LITTLE ATHLETICS SEASON 2016/2017**  
**NEWSLETTER NO 20**  
**Program 1**  
**FRIDAY 24 February 2017**

- Program 1 this week including walks
- Qualifiers for State Championships
- New date for presentation day
- Call for photos for the red book

We have only 3 more nights of competition left! Our last week is March 10. There will be no competition the weekend of State Championships which is March 17-19. Looking forward to seeing you all out on Friday night to run and jump and throw as best you can.

Remember to fill out your Coloured Achievement Recording Sheets so that we can award patches. You can download these sheets off the website and then hand them in at the clubhouse.

**INVITATIONALS:**

There will be an **invitational 800m** this week at 8pm. These are open to ANY ATHLETE who would like to get in some additional competition, so please COME AND HAVE A GO!!

Walks will be on this week – 700 and 1500m walks are scheduled. We would like to encourage all walkers who have made State to compete this week – please come and see either Jen or Craig before 6pm if you do not have walks scheduled but would like to have a go.

**Sign in for invitationals:**

There will be a folder outside the clubroom – please come and sign in and write down your PB for the relevant event before 6pm so that we can organize people into races according to times.

**PARENT ROSTER FOR FRIDAY 24TH FEBRUARY**

Collect your token at the start of the night.

**STATE CHAMPIONSHIPS 17th-19th of MARCH**

Congratulations to 51 Cherrybrook athletes who will be competing in 86 events at the NSW State Championships in March. This is a fantastic achievement. See links below for:

State qualifiers by centre

<http://www.lansw.com.au/Portals/44/Competition/2017%20State%20Qualifiers%20-%20by%20centre%20order.pdf>

State qualaifiers by event

<http://www.lansw.com.au/Portals/44/Competition/2017%20State%20Qualifiers%20-%20by%20event%20order.pdf>

**\*\*PLEASE NOTE THE CHANGE OF DATE FOR PRESENTATION DAY**

**We were alerted to the fact that the previously advertised day for presentation day was mothers day, so we have moved it back a week**

**Cherrybrook Little Athletics & Seniors Presentation Day  
Dural Country Club**

**\*\*Sunday 17 May 2017\*\***

Commencing approximately 4pm

**CALLING FOR PHOTOS FOR THIS YEAR'S RED BOOK:**

We'd love to get as many photos of our athletes and officials into the Red Book as possible. While a couple of parents do try to take a good cross section of photos. If you have a photo of your child you would like to be included in the end of year Red Book, please send. They don't have to be competing, candid and fun shots are good, and some of our helpful Cherrybrook officials too.

1. Identify **up to 3 photos** of your child.
2. **Clear, sharp, close up images only please**, Preferably where their cherrybrook number is clearly visible.
3. **Rename the photos** so we can identify your child by name, Cherrybrook number and where it was taken .

Example: DonovanTrump\_6909\_Zone\_1.jpg or SophieCouch\_723\_Club\_2.jpg

**For Friday night photos just identify it with "Club". The number at the end is only important if you**

have more than one photo - so the suffix "\_1", "\_2", "\_3" etc.

4. **Click on the following** link <https://www.dropbox.com/request/9FEnJGCQIs8howxsbN0i> .
5. Select the files from your computer and upload them.
6. Once done, email [CherrybrookRedBook@gmail.com](mailto:CherrybrookRedBook@gmail.com) . Letting us know you have uploaded your photos with any information you feel is useful.

**Those athletes who have qualified to compete can be found at**

<http://www.lansw.com.au/Portals/44/Competition/2017%20State%20Qualifiers%20-%20by%20centre%20order.pdf>

**CANTEEN:**

This week's special at the canteen is Bacon and Egg rolls

Here's hoping for a fun and successful night of competition on Friday.