

2015 State Championships report Cherrybrook LA's

The 2015 State Championships were held at SOPAC over the weekend of 20-22 March. We had all 4 seasons worth of weather over the weekend - with very challenging windy conditions on Friday for the 400m and 300m events, and a mix of conditions over the Saturday and Sunday. Our team was again a little depleted by injury and absence of a few of our senior athletes in particular, but what our team of 45 athletes lacked in numbers, they made up for with terrific performances. We won an amazing 32 medals in total, 11 gold, 12 silver and 9 bronze medals, with another 32 top 10 performances, which at State level is a wonderful performance.

For those competing at State for the first time, it is an experience quite unlike any other. Each track event has heats and finals, with field events also beginning with a starting list of 24 athletes from all around the state, who have qualified either by coming top 2 at their region, or being one of the next 6 fastest qualifiers from any region, so the competition is always tough.

Cherrybrook had 2 under 9 athletes qualify for State – under 9 being the youngest age group able to compete at the Championships. Well done to Harrison Clark who finished with 5th in the 70m, 8th in the 200m and 14th in the 100m – a great effort for his first state Championships. Unfortunately Sierra Timms was unable to compete due to injury – hopefully both these athletes will be back next year bigger and better, to represent Cherrybrook at the highest level again. Well done!!

To win one medal at state is a wonderful achievement, but to win multiple medals is a superb effort. Ten Cherrybrook athletes won 2 or more medals this year. Our dual medalists included Jonathon Reid, Carla Takchi and Kevin Yang – well done. Of our younger athletes, Emily Crawford again had a wonderful championships, with blistering runs in both the 100m where in difficult conditions she ran under 14 seconds for the first time to win GOLD in the prestigious 100m, as well as winning the hurdles just ahead of fellow team mate Sienna Bond, and achieving SILVER in the 70m. Unfortunately Emily suffered a foot injury and was unable to run her 200 final, but 2 golds and a silver medal is a wonderful effort. Her team mate Sienna Bond also did wonderfully well, with a huge leap of 4.47m to win GOLD in the U10 girls long jump, and a close SILVER Emily in the hurdles, BRONZE IN the 400m and a finals finish in the 200m – well done Sienna! Max Hirst had another great State Championships, coming away with 2 SILVER medals in the long jump and hurdles, as well as BRONZE in the triple jump. Congratulations Max!

The seniors were not to be outdone! Morgan Little would have to be the most improved athlete in the club this year, finishing with GOLD in the 200m Hurdles, SILVER in the 400m, BRONZE in the 800m, as well as 7th in the Javelin and 11th in the 200m- an amazing all round achievement. Amie Bowrey also had a wonderful championships, pulling out 2 personal best performances to win GOLD in both the U13G long jump and Javelin, as well as 10th in the Discus and 14th in the hurdles. These 2 athletes were both rewarded for their great performances with selection in the highly contested “ALAC” team of 22 under 13 athletes who are chosen based on their ability to compete at National level in at least 2 events. They will compete in Perth in April – congratulations to both athletes. They will be joined by U15 athlete Kristina Moore who won another 3 medals in the throws at state, and whose 1st place at the State Multi Championships has earned her a place in the team as one of the 4 multi athletes who compete in the U15 multi event at ALAC – well done Kristina.

In the AWD events, Kailyn Joseph repeated her great performances from last year, again coming away with 3 medals - GOLD in the discus and Long jump, and SILVER in both the 100m – what a brilliant effort!

Thanks you to the parents who helped out doing rosters over the weekend – without your help the Championships would not run as smoothly as they did. Special mention too to all the officials who worked hard all weekend - again without them we would have no carnival. This included our own Cathy Eaton who ran a couple of the call rooms for the weekend, and Elizabeth Jones who officiated all day at the high jump on Saturday and Sunday. Thank-you.

So as the season draws to a close, we wish all our athletes well for the winter break. For those long distance runners amongst us, do not forget the upcoming cross country season which starts soon. We would love you to join us at Scheville National Park for the State Cross country In July. We look forward to a new season in September, no doubt with many more amazing performances and new PB's to come!

Full results for our athletes are available on the club's website. Go to:

Click here for: [State Championships - Cherrybrook Results](#)

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