

# Cherrybrook Regional Report 2015

Congratulations to all our Cherrybrook athletes who competed at the Regional Championships on the weekend of 14th and 15th February. This year we were blessed with much better weather, which helped spur on some great competition. As always, the competition at our region was extremely tough, but that only brought out the best in our athletes. There were many wonderful achievements, loads of personal best performances, and plenty of medals as well.

Getting through the Regional championships in a huge team effort. Particular thanks to Cathy Eaton and the other Zone co-ordinators and organisers who once again pulled together a fantastic and smooth running carnival. Thanks also to the many officials from various clubs who gave up many hours at each event - without them we would have no carnival! Particular mention to those from our own club who worked one or both days as officials- Phillip Lamperts, Coleen Reid, Fiona Liu, Sean O'Connor, Moose Moore, Craig Little, Trish Hirst, Jill Ingram - hopefully I have remembered everybody! Special thanks also to Rob and Delores McCrostie who made the trek down to Narrabeen with me before the Carnival started to transport gear and set up our tents. We really do appreciate your efforts.

Cherrybrook will certainly look forward to another good year at the State Championships in March, with 28 athletes placed first or second in their event/s, hence making it through to the State Carnival in March as automatic qualifiers. Any of you who have looked at results from other regions will realise just how big an achievement this is, and how tough the competition is at our region. We also have another 16 athletes going through to state as one of the additional next 8 best qualifiers, making up a total team of 44 athletes at State.

Again special thanks you also goes to the many coaches who have played a significant part in the performances of many of our athletes. In particular, we would like to thank our Cherrybrook coaches – Valme Kruger, John Sharpe, Mick Zisti, Shelly Jenneke and Georgia Huggett who provide wonderful expertise and encouragement to many of our athletes week to week.

A number of our athletes had particularly outstanding results at Region. Special mention to all of our U8 athletes competing at region for the first time, including Marco Boccaletti 4<sup>th</sup> 70m, 9<sup>th</sup> LJ and 14<sup>th</sup> 60 hurdles, Oscar Davidson 8<sup>th</sup> 200 14<sup>th</sup> 400, Erica Haigh 15<sup>th</sup> 70m, Sarah Ann Koot 7<sup>th</sup> 70m, Olivia Moresi 4<sup>th</sup> 700 and Tahlia Searle 16<sup>th</sup> 700m. Samara Bond had a wonderful regional finishing with SILVER in the 70m and 100m, as well as 5<sup>th</sup> in the 60 hurdles and 7<sup>th</sup> in the long jump – hopefully she and our other U8 athletes will be back at Regional next year where they will have their first chance to make it through to the State Championships.

This year like always, Cherrybrook had a number of fabulous all round performers. Kate Collett (U14G) and Morgan Little (U13B) medalled in 5 events, with Amie Bowrey and Max Hirst each medalling in 4 events – all amazing performances. The depth of talent at Cherrybrook was very evident this year, with 10 other athletes medalling in 3 events including Ben Bishop, Connor Bond, Sienna Bond, Donovan Bradshaw, Harrison Clarke, Emily Crawford, Ella Hirst, Kristina Moore, Jonothan Reid and Carla Takchi – this is no small achievement given the strength of our region. Special mention of our 1 Cherrybrook record breaker at the carnival – Kristina Moore, who broke the U15 girls Discus record by almost 2 metres with a wonderful throw of 46.12m - another record to add to her extensive collection! Full Cherrybrook results from Region are available on the club's website – follow the link:

<http://www.cherrybrookathletics.org.au/20142015%20Stuff/PDFs/Region/cherrybrook%20region%205%20results.pdf>

Again, congratulations to all our athletes on a wonderful carnival, and to all of our families for your support. We wish all of our state athletes the very best as they look towards the upcoming state Championships over the weekend of 20-22 March at SOPAC Homebush. A link is on the Cherrybrook website with the full list of State qualifiers by Club and by event at the top of the red box:

<http://www.cherrybrookathletics.org.au/>

If anyone would like to pre-order state shirts/hoodies etc, there will be an order form available next Friday night, so put your order in and avoid the long queues.

Jenny Bishop  
Championships officer