

CHERRYBROOK SENIOR ATHLETICS CLUB NOTICES – 10TH MARCH

Dear Cherrybrook Parents and Athletes

Good Luck to our 37 Cherrybrook Athletes who will be competing for NSW at the Australian Junior Championships starting tomorrow at Sydney Olympic Park. I'm confident our athletes will come out with many medals, personal best and record breaking performances!!! For all last minute information please click on the links below for final timetables and entry lists.

Also coming up this Saturday night is the Sydney Track Classic which will see the finest athletes in the country as well as a few quality overseas athletes compete against each other at Homebush. The competition will be exciting and the atmosphere will be electric so make sure you buy tickets online to be apart of a magnificent event.

AUSTRALIAN JUNIOR & YOUTH CHAMPS 11TH – 15TH MARCH – SOPAC

For all the latest information on this competition including timetable(s), entry lists, results and other important information please click the following link:

<http://athletics.com.au/Compete/Events/australian-junior-athletics-championships>

SYDNEY TRACK CLASSIC – 14TH MARCH – SOPAC

The 2015 Sydney Track Classic is the culmination of the national **Australian Athletics Tour**, which sees our country's best track and field athletes compete around the country. The event is the first of two Finals for the Tour and the superstars of Australian athletics and around the world will come to Sydney Olympic Park Athletics Centre to compete. All events will be straight finals, with only the best Australian runners, throwers and jumpers having qualified during the preliminary rounds to take part. Whilst invitation lists are yet to be confirmed, 2014 meet highlights included Sally Pearson taking the women's 100m and 200m sprint double and Dani Samuels dominating the women's discus. For further information and to purchase your tickets please see the following link:

<http://athletics.com.au/Compete/Events/sydney-track-classic>

ATHLETICS POST 2015 SUMMER COMPETITION GRID

Please refer to the link below for more information on upcoming competitions and events over March:

<http://nswathletics.org.au/Portals/18/Competition/2015%20Post%20Xmas%20Competition%20Grid%20Web.pdf>

OTHER COMPETITIONS

For further competition dates and upcoming competitions around at other NSW Athletics Clubs in 2015 please click the following link:

<http://www.nswathletics.org.au/Competitions/Calendar>

WORLD YOUTH CHAMPIONSHIPS QUALIFYING STANDARDS 2015

The Selection Policy for the 2015 IAAF World Youth Championships has now been published by Athletics Australia. The following link sets out the basis on which Athletics Australia Selectors will determine the team for the five-day event to be held in Cali, Columbia from July 15 - 19, 2015:

<http://www.athletics.com.au/High-Performance/Able-Bodied/Team-Information/World-Youth-Championships>

CHERRYBROOK ATHLETICS CANTEEN OPEN FOR COFFEE

On Monday and Wednesday evenings from 5.45pm - 7.30pm the Canteen at Greenway Oval will be open and we will be selling coffee, lollies, hot chocolate and chicken soup! So next time you are up at training make sure you bring with you some spare change with you for a bit of a sugar or caffeine hit!

FACEBOOK & INSTAGRAM

We have a Facebook page where you can see photos of our athletes, the latest results and other important events and notices within the club. To gain access to this page search "Cherrybrook Senior Athletics" and click "LIKE". Our club has also just got an account on Instagram where you can see more fantastic photos of our club!

COACHING & OFFICIALS

For further information in how to become a qualified coach and/or official please click the following links below:

[- Officials](#)

[- Coaching Accreditation and Programs](#)

RESULTS

Allcomers Meet @ ES Marks - 7/03/2015

| ATHLETES NAME | AGE | EVENT | RESULT | DETAILS |
|-------------------------|------------|--------------|---------------|----------------|
| Eleanor Lamperts | 14 | 100m | 13.72 | |
| | | 200m | 27.96 | PB |
| Isabella Rudolph | 14 | High Jump | 1.30m | |
| Brianna Phillips | 18 | 100m | 13.47 | |
| | | 200m | 28.58 | |
| Karina Takchi | 19 | 100m | 12.4 | |
| James Roffe | 15 | 100m | 12.93 | PB |
| | | 200m | 26.43 | PB |
| Hugh Hunt | 17 | 800m | 2.06.60 | |
| Matthew Joyce | 26 | 200m | 25.56 | |
| | | 800m | 2.03.69 | SB |

Queensland Open Athletics Championships @ Nathan - 5-8/03/2015

| ATHLETES NAME | AGE | EVENT | PLACE | RESULT | DETAILS |
|----------------------|------------|--------------|--------------|---------------|----------------|
| Ben Jaworksi | Open | 100m | 7th | 10.57 | |
| Josh Baddock | Open | High Jump | 7th | 2.00m | |
| Tim Foster | amb | 400m | - | DQ | |

PB – Personal Best

CB – Club Best

SB – Season Best

Kind Regards,
Cherrybrook Senior Athletics
Seniors Vice President
Matthew Joyce – 0402 485 998