

CHERRYBROOK LITTLE ATHLETICS SEASON 2014/2015

NEWSLETTER NO 23

Program 1

FRIDAY 6 MARCH 2015

Wow! We are down to the last two weeks of competition. Where has the season gone?

Parent roster for Friday 6 March

Equipment Out from 5pm	Canteen & BBQ	Timing Gate Helpers	Timing Gate Pack Up
Snr B & Snr G	9B & 9G	8B & 8G	6B & 6G

100M RUNNING ON HURDLES TRACK This week as there are no hurdles races, we are going to run all the 100's on the hurdles track. Hopefully this might relieve some of the congestion on the straight track.

CAN YOU HELP THE CLUB NEXT SEASON?

We are looking for a number of assistants to help a number of our very experienced committee members with various roles in the club. We are particularly looking for assistants with:

Canteen – to help with purchasing and running of the canteen

Records and ranking – to assist Jill in maintaining club results and records. An ability to upload and upgrade software would be helpful

Registrar – to help Elizabeth with organising registrations

If you think you could assist in running the club in any other way, then please come and see one of the committee members.

PHOTOS THIS WEEK

We would like to do a few more photos this week at the beginning of the program for the following groups:

- U7 Zone medalists (please bring your medals)
- U8 region medalists (please bring your medals)
- Region medalists (please bring your medals)
- Trans Tasman Team – bring running singlet, tracksuit and any medals
- All State qualifiers – just wear normal Cherrybrook uniform

COLOURED PATCHES

Remember that you only have 2 weeks left for patches, so get out there and produce some more great performances, and put your coloured patch forms in. We've had some fantastic PB's over the last few weeks.

We have now introduced coloured patch standards for walks so that those participating in walks can use their walk times towards patches.

PRESENTATION DAY

Everybody please set aside the date for presentation day and AGM on May 17th at Dural Country Club. It's a fun afternoon where we look back over a great season of athletics, as well as presenting all our athletes with their Cherrybrook participation medals, and various awards etc. Many people stay afterwards and buy dinner at the club, so turn the afternoon into a fun family outing.

ZONE CERTIFICATES AND LOST PROPERTY

We have a large number of uncollected Zone certificates that will be available for collection over the next few weeks at the beginning of each night. There is also quite a bit of lost property, so if you are missing anything please check. Anything un-named will be donated to a charity after next week.

STATE MULTI CHAMPIONSHIPS

Good luck to all athletes attending State Multi this weekend – run fast, jump high and throw far.