

CHERRYBROOK LITTLE ATHLETICS NEWSLETTER NO. 19
FRIDAY 21 FEBRUARY 2014
CHERRYBROOK PROGRAM 2

There are only 4 more competition nights left in the Little Athletics season. Come along and try for performances to get the next level of Colour Patches and get in practice for the school season. Last chances to go for club records also.

Parent Roster

Parent Duty 21/2/2014	Age Group
Field Set up	7B & 7G
Canteen & BBQ	8B & 8G
Timing Gate Helpers	6B & 6G
Timing Gate pack up	10B & 10G

Canteen & BBQ

The Canteen & BBQ is our major source of income for the club. Please continue to support it right through to the end of the season.

This week's special is Chicken Burgers - just \$5. Sausages, drinks and ice cream spiders as usual.

Bunnings BBQ

Thanks to those who have volunteered for a shift at the Bunnings BBQ at Thornleigh this Sunday 23 February. If you have a DIY project in mind, go to Thornleigh for your supplies and visit our BBQ and buy a sausage. We still have a few roster slots spare in the afternoon - are you free for 2 hours? Please let me know.

Region Carnival Report

Congratulations to all our Cherrybrook athletes who competed at the Regional Championships on the weekend. The weather was particularly challenging and as always the competition was extremely tough, but that only brought out the best in our athletes. There were many wonderful achievements, loads of personal best performances, and plenty of medals as well. The club will certainly be very well represented at the State Championships in March. Particular thanks to the many officials and helpers, who endured pretty trying weather conditions and managed to keep the carnival running smoothly. A full report of the carnival will follow.

Those who came 1st or 2nd are automatic qualifiers to the State Championships, others need to wait until next Wednesday following the completion of all Region Championships to decide the next best 8 performances.

Particular mention must go to Harry Clark in the 8B. Harry represented Cherrybrook in 4 events and won a medal in every one of those events. Sadly for Harry (and Cherrybrook), U8s do not progress beyond region. Congratulations Harry - our U8 athlete of the carnival.

Also congratulations to Amie Bowrey who broke the State U12G javelin record at the region carnival. A great performance and Amie has another chance to further increase that distance at the State Carnival in March.

Jordan Shelley broke the Region U17B 200m record. Another record for Jordan to add to his collection - in this season alone, he has broken the zone 100 & 200 records, and much more importantly the Australian U16 100 & 200m records. He is in great form.

The Senior boys relay thanks to a wonderful anchor leg by Jordan is through to the State Championships final.

A number of people did not collect the regional shirts that they ordered – please see Jenny on Friday night to collect these. There are also a number of people who did not collect their Regional medals – again please see Jenny to collect these this Friday, otherwise they will be available on our presentation night at the end of the season.

Jenny Bishop has a pre-order form for State Merchandise for those that have qualified through to the State Championships in March. Items can be purchased on the day, but the queues tend to be quite long, and stock is limited. Items include: Polo shirts, hoodies, sports bag, caps, socks and drink bottles. The order needs to be placed **by THIS SUNDAY** Feb 23, so please see Jenny on Friday night to place orders.

City to Surf Fundraiser in memory of Daniel Berry

Daniel Berry was a member of our club who died in July last year aged 22 of a brain tumour. Daniel had represented Australia with the Paralympic team at international events in New Zealand and the Oceania region. He also acted as a starter on the outer track for Little Athletics on Friday nights. Daniel's courage and determination to fight his cancer was truly inspirational. Daniel's brother Thomas is running in the City to Surf this year in Daniel's honour and is fundraising for brain cancer. See the flyer on the home page of our website www.cherrybrookathletics.org.au

To sponsor Thomas directly go to <https://city2surf2014.everydayhero.com/au/thomas>

Have you enjoyed Cherrybrook this season?

If the answer is yes (and we certainly hope it is), please consider joining the committee. We are looking for general committee members, a person to share the uniform shop, a canteen coordinator, people to assist in registration. If you want to get more involved, we want you! Contact one of the current committee members on Friday night, or reply to this email.