

**CHERRYBROOK LITTLE ATHLETICS NEWSLETTER NO. 9**  
**FRIDAY 15 NOVEMBER 2013**  
**Program 1 this week**

The Zone team has been selected and there are still some spots available. Please check the website for the zone slots available document if your child is aged U7-U12. If aged U13-U17 all events remain available.

Athletes who have not yet entered can still do so, subject to what is available listed above. We would love more athletes to join our largest zone team ever - just over 200 of our members will be competing at zone. More details later in the newsletter.

**Parent Duties**

<b>Parent Duty 15/11/13</b>	<b>Age Group</b>
Field Set up	8B & 8G
Canteen & BBQ	12B & 12G
Timing Gate Helpers	7B & 7G
Timing Gate pack up	10B & 10G

**Photo Night**

During the evening, before it gets dark, we will be taking photos of all the age groups. Please wear full uniform and bring your best smiles! We will also take a photo of the entire club immediately following club warm up - please be on time so that you don't miss this large group photo.

**Photo times**

<b>Age group</b>	<b>Time</b>	<b>Age group</b>	<b>Time</b>
9B	6.05	9G	6.05
6B	6.10	6G	6.10
8B	6.20	8G	6.20
10B	6.30	10G	6.30
11B	6.40	11G	6.40
7B	6.50	7G	6.50
12B	7.00	12G	7.00
13B	7.10	13G	7.10
14B	7.15	14G	7.15

Age group	Time	Age group	Time
15B	7.15	15G	7.15
17B	7.15	17G	7.15

### **State Relays Friday night Training**

4x200m U8 immediately after the whole club photo

Tara Webb, Macy Marx, Pearl Rorani, Ethan Papageorgiou, Xavier Rudolph and Thomas Shannon - all to the cricket pitch in the centre of the field.

4x100m

Each age group after their photo go to the 400m start line.

### **Pizza Night this Friday**

Come hungry this week - no BBQ at all, just pizza - all at \$2 per slice. It would be great if you could bring small change, some weeks we struggle in the canteen with the number of \$50 notes requiring change, sweep the coins off the bedside table into your pocket for Friday nights!

### **Meat Tray Winner from 8/11/13**

Last week's winner was Martina Storgato. Congratulations to Martina!! Bring your spare change as you could win this week for just \$1.

### **Little Athletics Ticket books**

We have plenty of ticket books, available from the canteen. These are usually given out at Registration, however they were not ready at that time. For those who don't know what they are - it is a book for recording your results, either gluing in your tickets, or writing them in from the website.

### **Centre Numbers and Correct Uniform**

In order to compete for Cherrybrook at State Relays and zone you must be in full and correct centre uniform with all the patches fixed to the correct position. You will not be allowed through marshalling to compete if your uniform is incomplete.

The Cherrybrook Centre number is 219 and these can be collected from the club room this week and for the next few weeks. The 219 must be fixed to the back of the shirt. Cherrybrook shorts are plain red, soccer shorts with a logo or white stripe are not acceptable. Correct shorts can be purchased from the uniform shop. You must have the 2013/2014 athlete's registration number fixed to the front of the shirt, with the age patch and IGA patch also fixed in place. Please ask at uniform shop if you are unsure as to patch placement.

## **Fundraising Levy**

If you have taken a raffle book, you must return it. Bring back the ticket stubs and \$20 - if you have a problem with it for some reason, please see Sandra Moore in the canteen.

## **Zone Championship - 14-15 December Barton Park, Parramatta**

The team will be entered this weekend. Changes after this time are difficult, so please ensure any changes or additions are made by Friday night.

During next week the zone parent roster will be released. There are a lot of jobs on the roster listed in time order by day (the date is in US format MM/DD). Please look at the program carefully (under the zone tab on the left hand side of the Cherrybrook home page on the web) and then choose the roster that suits your needs. Rostered jobs are 2 hours long and athletes need to be at the venue 1 hour before their event. One job per day per family, unless you are an official. You may find your child's field event is listed, please feel free to choose this, just make sure you do not coach them or offer any advice whilst you are helping out or the officials will caution you. Field events for the U15 or U17s will give an up close view of some excellent performances and they often don't take nearly as long as the 2 hour slot. All the duties have been allocated to us, you simply choose from the allocation.

More information will be added to the zone tab next week covering what facilities are available and what to do on arrival, what to bring etc.

If you are coming to zone, please ensure you read all the information and if you still have questions, please contact Cathy Eaton by email or on 0415 952 141.