

WORLD JUNIOR WRAP UP

Congratulations to our three World Junior Athletes **Jenny Blundell**, **Ben Jaworski** and **Shelly Jenneke**, who have all now completed competing at the World Junior competition in Barcelona. The World Juniors concluded on the 15th July and our three Cherrybrook Athletes have now been released from the team after a sensational tour and Championships.

Here is how our Athletes went -

Jenny Blundell came 7th in her 1500m with a time of 4.24.35, but unfortunately her place and time did not progress her into the final. Jenny ran a brilliant competitive race but her time does not reflect the quality of her performance. The first few laps of her heat were run at a blistering pace, far faster than the other heats, which was a race Jenny was unfamiliar with, however she stayed with the front pack for most of the race and was in 4th position around the 1200m mark. The exceptionally fast pace of the first few laps however robbed Jenny of the strength she needed to power home and she finished 7th. Jenny is to be commended and congratulated for her gutsy performance.



Shelly Jenneke had a sensational race clocking 13.52 in the heat into a head wind, making it look easy, Shelly had a relaxed race and eased off to easily win the heat. Her Semi Final was much tighter and she came second in 13.41 just 0.01 behind the winner of her semi but it was enough to progress her to the Final. Her finals run did not go according to her race plan, as she hit the first hurdle and made a few errors, but charged home to take out 5th position in a time of 13.54. As always Shelly entertained the crowd with her pre race dance and was smiling from start to finish and enjoyed the experience. We congratulate Shelly on her finals performance.



Ben Jaworski has had both a successful and busy World Junior Championships. On day one of competition Ben ran the heats of his 100m coming 3rd with a time of 10.65. In the Semi Final, Ben ran a solid race clocking 10.68, but unfortunately did not qualify for the Final. Ben was then back on the track just 12 hours latter to contest the 200m Heat. In Bens 200m heat he placed 6th in a respectable time of 21.65, he however did not progress to the Semi. But Bens best runs were still to come, in the 4 x 100m relay Ben as first runner got the team off to a flying start with the team coming 4th in the heats, which saw the team progress to the final and their blistering time of 39.34broke both the Junior Australian National record and the Junior Oceania Record. In the final of the relay Ben ran an outstanding third and the team who had qualified 7th going into the race, pulled out a big performance and came 5th in the Final



2012 IAAF WORLD CHAMPIONSH – RESULTS

ATHLETE	EVENT	ROUND	RESULT	WIND	PLACE
JENNY BLUNDELL	1500M	HEAT	4.24.35	N/A	7 th
BEN JAWORSKI	100M	HEAT	10.65	-0.4	3 RD
		SEMI	10.68	+0.5	8 TH
	200M	HEAT	21.65	-0.5	6 TH
	4 X 100M RELAY	HEAT	39.34	N/A	4 TH
FINAL		39.59	N/A	5 TH	
SHELLY JENNEKE	100M HURDLES	HEAT	13.52	-1.8	1 ST
		SEMI	13.41	-1.1	2 ND
		FINAL	13.54	-2.4	5 TH