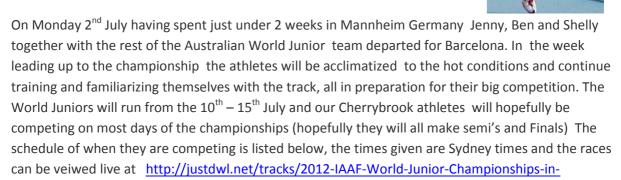
WORLD JUNIOR UPDATE - No 2

On the weekend of the 30th June/1st July our three World Junior Athletes Jenny Blundell, Ben Jaworski and Shelly Jenneke competed at an Under 23 State Championships in Karlsruhe / Germany. All three performed well.

Jenny proved she was in the best form of the season in the 800m, clocking a season best of 2.07.89 to win the race, two and a half seconds in front of her closest competitor.

Ben conquered the windy conditions to pull out some impressive sprint performances, in the 100m Ben did a 10.56, 2nd in the heat and 10.61 and 3rd in the Aust Vs NZ Final. In the 200m Ben won overall in 22.18 a great time for the conditions. Ben's 4×100 m Australian relay team also won in a time of 40.83, demonstrating that they are a good medal chance in Barcelona. Shelly despite feeling unwell dominated in the sprint hurdles, winning her heat in a time of 13.84, the fastest time of the day by 0.4. Shelly did not compete in the final due to not feeling well.



Barcelona-Live-Stream.html

10 th July	8.35pm	Ben's 100m Heat	
11 th July	1.30am Ope	1.30am Opening Ceremony	
12 th July	3.30am	Bens 100m Semi	:KT
	5.45am	Bens 100m Final	
	5.55pm	Bens 200m Heat	
13 th July	3.00am	Bens 200m Semi Final	
	6.05pm	Shelly's Hurdles Heat	
	7.40pm	Jenny's 1500m Heat	- 8
14 th July	3.05am	Ben's 4 x 100m Relay Heat	1
	5.30am	Bens 200m Final	
15 th July	2.35am	Shelly's Hurdles Semi Final	
	5.50am	Ben and Nicks 4 x 100m Rel	ay 🚪
16 th July -	2.20am	Shelly's Hurdles Final	
	3.05am	Jenny's 1500m Final	
	4.30am	Closing Ceremony	N.
Cammana datatla i		. Characteristics of the	

For more details on the World Junior Championships, visit

http://www.bcn2012.org/Home/ CLwfRg15zB 9Qj2AvpuG9bupMs m 01T1 kZV4Lo

Nw



