

Zone Championship Update

Last weekend Cherrybrook Little Athletics Club participated in the North Metropolitan Zone Championships at Barton Park, Parramatta. We were extremely fortunate with the weather - having a cool day with the odd shower on Saturday and a warm day on Sunday with a thunderstorm interrupting proceedings for an hour in the afternoon. It was good to have the carnival completed without having to go to the wet weather days.

We had 165 athletes registered to compete, but unfortunately about 15 were injured or ill and unable to compete on the weekend.

Out of 150 athletes that did compete, 80 have made it through to the Regional Championships to be held at Narrabeen on 18-19 February 2012. These athletes came 1st, 2nd, 3rd or 4th in the finals of their events. Congratulations to those athletes. They have made it through in 131 different events.

We have athletes representing the club in all disciplines - all distances 70m, 100m, 200m, 400m, 800m, 1500m, 3000m, hurdles, long and triple jumps, high jump, shot, discus, javelin and the walks. It shows the overall strength in club and is testament to the excellent coaching available at Cherrybrook.

Many athletes have made it through to region in multiple events with the following athletes earning a place at region in ALL their events - Georgia O'Connor, Ben Bishop, Amie Bowrey, Kyle Ekstrom, Rachel Pace, Matthew Eaton, Stephen Eaton, Jack Brown, Courtney Chamberlain, Courtney Cattell, Karina Takchi, Jordan Shelley, Ben Kinasch, Matthew Mikhael, Sofia Metaxouli, Philip Banno, Oliver Jacquot, Jade Mewburn, Cooper Lee, Jonathon Reid, Gaby Damm, Max Hirst.

Additionally the following athletes made it through in two or more of their events - Kristina Moore, Isabella Rudolph, Lauren Clark, Clayton Anstee, Eleanor Lamperts, Brooke Jenkins, Olivia Jenkins, Callan McMahon, Alexander Moore, Claire Eaton, Emily Jones, Matthew Nelson, Claudia Williams, Kate Collett, Karla Samuels, Madeline Playford, Katie Devitt, Carla Takchi, Ben Tavner, Holly Winter, Jonathon Moran, Georgia Winkcup. (If for some reason I have missed your name from this list I apologise - it is purely my error and does not affect in anyway the progress to Region). Full results can be found at the Little Athletics Association website under the results tab. Click here for a direct link. <http://210.247.205.118/assets/console/document/documents/Nth%20Met%20Zone%20results%20-%202011-12.pdf>

Three Cherrybrook athletes broke zone records - Ben Bishop in the 11 Boys 1500m, Kristina Moore in the 12 Girls discus and Zac Sfiligoi in the 15 boys javelin. Additionally the Junior boys relay broke the zone record in their winning run.

3 out of 4 relays teams made it through to Region. Unfortunately the Senior Girls had a sliding accident at the last change and went from 1st place to 4th place and missed out this year. Our Senior boys were emphatic winners, despite not having any 17 boys in the club, we ran with two of our 15 boys (as is allowed in the rules) and recorded a very fast time only just short of the record.

Thanks

Cherrybrook was allocated over 150 jobs over the weekend so a big thank you goes to you, the parents who drive the kids to the carnival (and training all year) and willingly do their allocated duty. A special thanks to those of you who willingly picked up extra duty to cover the parents who were unable to come as their children were ill - this is greatly appreciated. Every person involved in running the carnival was a volunteer - probably numbering over 1000 volunteers who acted as officials, parent helpers, BBQ attendants, umpires, recorders, timers and the list goes on. Without all of us as a club helping, we would not have had such a successful carnival.

Seasons Greetings

Finally, as this is the last newsletter for 2011, on behalf of the committee of Cherrybrook Little Athletics Club, I would like to wish you and your family a wonderful Christmas and a fabulous new year.

Cherrybrook Competition begins again on Friday 6 January 2012. We look forward to seeing you then.

Kind regards

Cathy Eaton

Championships Officer - Cherrybrook Little Athletics Club