

CHERRYBROOK SENIOR ATHLETICS NOTICES – FEBRUARY 25 2016

Dear Cherrybrook Athletes and parents,

WELL DONE to our incredible NSW Masters athletes on their fantastic results this weekend coming away with 15 medals!!

- * **Jenny Bishop** (45-49): Silver - 80m Hurdles - NEW PB!
- * **Sally Stagles** (55-59): Gold - 300m Hurdles, 2 x Silver - 60m and 80m Hurdles, Bronze - Shot Put
- * **Jill Taylor** (60-64): 2 x Gold - Triple Jump & Discus, 4 x Silver - Long Jump, Shot Put, Hammer Throw & Weight Throw
- * **Caerl Murray** (40-44): Bronze - Shot Put
- * **Robert Clark** (50-54): Silver - 5000m, 2 x Bronze (Hammer Throw & Weight Throw)

The next step for these athletes will be the Australian Masters Championships to be held from **16-19 April** in South Australia!

We've also seen now another **WORLD JUNIOR QUALIFIER** – this time from **Nick Andrews** in the 100m sprint with an incredible time of 10.39!! This follows on from his successful NSW Junior Athletics Championships where he ran two World Junior Qualifying performances (100m + 100m Hurdles). The Nationals Juniors are now just 2 weeks away from us – very exciting times!



2016 NSW OPEN, U/23's AND PARA CHAMPIONSHIPS – 26 – 28 FEBRUARY

Date: Friday 26th February - Sunday 28th February 2016

Timetable:

Click [here](#) to view the final timetable, released 23.02.2016

Click [here](#) to view the athlete startlists, released 23.02.2016

Click [here](#) to view the athlete information pack, released 23.02.2016

Venue: The Sydney Olympic Park Athletics Centre

Click [here](#) to view map.

ATHLETICS NSW EVENTS & COMPETITIONS 2015/16 (POST CHRISTMAS)

DATE(S)	VENUE	COMPETITION
26-28 February	SOPAC	<u>NSW Opens, U/23 and Para Championships</u>
5 March	SOPAC	<u>NSW Allcomers</u>
8-13 March	WA ATHLETICS	<u>Australian Junior Track and Field Championships</u>
12 March	SOPAC	<u>NSW Allcomers</u>
24 March	SOPAC	<u>NSW Allcomers</u>

For the FULL calendar please click on the: [ANSW Summer Calendar 2015/16](#)

OTHER COMPETITIONS

For further competition dates and upcoming competitions around at other NSW Athletics Clubs in 2015 please click the following link: [ANSW Online Calendar of Events](#)

ATHLETICS AUSTRALIA QUALIFYING STANDARDS 2015/16

The standards for each age group/gender for each event to qualify for National events for this season have now been released and can be seen by clicking on the following link below:

<http://athletics.com.au/Compete/Rules-Technical-Information/Entry-Standards>

The Australian Junior Nationals Championships will be held in Perth this season from 8 – 13 March, 2016 whilst the Opens Nationals will be held in Sydney from 27 March – 1 April, 2016. The Qualifying period started on January 1, 2015 this year.

2015/16 ATHLETICS AUSTRALIA TOUR

Entries have now opened up for all Track Classics for the 2016 domestic season. For more information and to nominate now please click the following link: <http://www.athletics.com.au/Compete/Online-Entries>

Information on these meets is also below of when each event closes for entries:

Event	Date	Entries Open	Entries Close
Queensland Track Classic	19 th March	9 December 2015	2 March 2016
Sydney Track Classic	19 th March	9 December 2015	2 March 2016

RESULTS

Bankstown Invitational - 18/02/2016 @ Bankstown

ATHLETES NAME	AGE	EVENT	RESULT	DETAILS
Karina Takchi	20	100m	12.39	Q

Carla Takchi	19	100m Hurdles (84cm)	14.49	Q
Rachel Pace	19	100m Hurdles (84cm)	14.53	PB, Q
Alysha Burnett	19	100m Hurdles (84cm)	15.19	Q
Natalie Setiadji	20	100m Hurdles (84cm)	15.64	Q
Jacob McCorry	19	110m Hurdles (99.1cm)	14.11	Q

NSW Masters Championships - 20-21/02/2016 @ SOPAC

ATHLETE	AGE	EVENT	PLACE	RESULT	DETAILS
Jenny Bishop	45-49	60m	5th	8.87	
		100m	6th	14.46	
		80m Hurdles	SILVER	13.73	PB
Sally Stagles	55-59	60m	SILVER	9.17	
		100m	4th	15.13	
		80m Hurdles	SILVER	13.56	
		300m Hurdles	GOLD	54.24	
		Shot Put (3kg)	BRONZE	9.00m	
Jill Taylor	60-64	Long Jump	SILVER	3.13m	
		Triple Jump	GOLD	7.20m	PB
		Shot Put (3kg)	SILVER	9.43m	SB
		Discus (1kg)	GOLD	25.55m	SB
		Hammer Throw (3kg)	SILVER	33.46m	
		Weight Throw (5.45kg)	SILVER	12.67m	
Caerl Murray	40-44	60m	6th	8.03	
		100m	8th	12.91	
		Shot Put (7.26kg)	BRONZE	8.28m	
Robert Clark	50-54	5000m	SILVER	23.21.53	SB
		Shot Put (6kg)	7th	9.96m	CB, PB
		Discus (1.5kg)	6th	26.69m	
		Javelin (700g)	5th	29.80m	
		Hammer Throw (6kg)	BRONZE	33.16m	

		Weight Throw (11.34kg)	BRONZE	11.47m	
--	--	------------------------	--------	--------	--

Canberra Track Classic - 20/02/2016 @ AIS Stadium

ATHLETE	AGE	EVENT	PLACE	RESULT	DETAILS
Alysha Burnett	Open	High Jump	5th	1.78m	Q
Ben Jaworski	Open	100m (B Race)	4th	10.55	Q
Nick Andrews	Open	100m (B Race)	1st	10.39	WJQ, CB, PB

Q = National Qualifier

PB = Personal Best

CB = Club Best

WJQ = World Junior Qualifier

Kind Regards,
 Cherrybrook Seniors Athletics
 Vice President and Competition Manager
 Matthew Joyce – 0402 485 998