

STATE CROSS COUNTRY AND ROAD WALKS 2015

This year's State Cross country and Road Walks Championships were back at Scheyville National Park – a great Cross country venue, with a mix of flat sections as well as some challenging hills. Athletes compete over different distances depending on age, ranging from 800m for the U7 age group up to 4km for the U17 age group. The road walks range from 1200m up to 3000m for the U17. Age groups with 3 members competing from the one club also enter the teams competition which is always hotly contested. The conditions on the day were close to perfect – chilly and a little frosty in the morning, but sunny and still which certainly contributed to some great racing.

This year Cherrybrook had its biggest team ever competing, with an amazing 53 athletes competing in the Cross country, and 6 in the road walks. Again we did really well in our teams events coming home with 8 team medals in the Cross Country and our first ever walks team medal, showing again the depth of talent we have at Cherrybrook – and fantastic to see Cherrybrook athletes cheering each other on, and pushing fast finishes in search of the best place possible for their team. The U7's got us off to a terrific start with SILVER in both the boys and girls races. SILVER remained the colour of the day, with a number of our other teams finishing 2nd – the U8 boys, U10 boys, U 11 girls, and U13 boys, with the U12 boys finishing with a BRONZE medal. The oldest of our teams the U14 boys finished with the GOLD medal to take our team tally to 8 which is a terrific effort. We also finished with a team SILVER medal in the U11 girls road walk which is a wonderful achievement.

Our two standout individual performances of the day were Logan Kaye who ran superbly finished 2nd in the U13 Boys 3km race, and Ben Bishop who also ran a great race finishing 3rd in the U14 boys 3km race. We had a 8 other top 10 finishers – Bronsen Brown and Tom Bishop in the U7 boys who finished 5th and 9th respectively, Ruby Perkins 7th in the U7 Girls, Ryan Frykberg 7th in the U10 boys 1500m, Harry Farrington 7th in the U11 boys, Ryan Jones 8th and Erik Frykberg 10th in the U14 boys 3km, and Emily Jones 8th in the U17girls 4km race. 16 other athletes achieved a top 20 finish which really helped our team pointscores.

Thanks also to all the officials and helpers who endured pretty difficult conditions, and in particular to our own Elizabeth Jones who officiated all day at both the cross country and the walks.

A table with full results is shown below:

STATE CROSS COUNTRY & ROAD WALKS 2014 Dapto 6th JULY: Full results

Cross Country

Age Grp	First Name	Surname	Reg #	Result	TEAM RESULT
U7 Boys	Harley	Grace	107	DNF	TEAM RESULT
800m	Marcus	Papadimitriou	191	11 th	25 points
	Jack	Carswell	393	44 th	SILVER
	Thomas	Bishop	44	9 th	
	Kieran	McCrostie	385	37 th	
	Cameron	Hogan	57	32nd	
	Bronsen	Brown	281	5th	
U7 Girls	Kayleigh	O'leary	143	DNS	TEAM RESULT
800m	Aaliyah	Grebert	144	20th	43 points
	Serena	Vanderklauw	372	16 th	SILVER
	Ruby	Perkins	229	7th	

Age Grp	First Name	Surname	Reg #	Result	TEAM RESULT
U8Boys	Cameron	Searle	173	30	TEAM RESULT
800m	Ashton	Fisher	293	27	43 points
	Byron	Polito	280	DNS	SILVER
	Oscar	Davidson	94	16	
	Yu	Harry	332	15	
U8 Girls	Tahlia	Searle	174	26 th	TEAM RESULT
800m	Sara Ann	Koot	64	30 th	58 points
	Erica	Haigh	179	11 th	4th
U9 Boys	Gavin	Hakim	233	35 th	
1500m	Nicholas	Bradshaw	158	31 st	
U9 Girls	Sara	Elkass	359	52 nd	TEAM RESULT
1500m	Kaiya	Grebert	147	44 th	128 points
	Maddison	Hayhurst	262	53 rd	7th
	Nicole	McCrostie	388	32 nd	
U10Boys	Lachlan	Dewar	176	20 th	TEAM RESULT
1500m	Ryan	Frykberg	74	7 th	41 points
	Jack	Hayes	440	27 th	SILVER
	Dylan	Searle	183	14 th	
10 Girls	Josephine	Lennox	317	29 th	TEAM RESULT
1500m	Michaela	Haigh	178	35 th	103 points
	Lucinda	Vanderklauw	66	50 th	7th
	Ella	McKenzie	168	39 th	
U11 Boys	James	Farrington	150	14 th	TEAM RESULT
2000m	Donovan	Bradshaw	159	24 th	67 points
	Bailey	Perkins	230	29 th	4th
	Liam	McKenzie		31 st	
U11 Girls	Arienna	Grebert	145	23 rd	TEAM RESULT
2000m	Mykaela	Hayhurst	261	31 st	81 points
	Milena	Visser	319	DNS	SILVER
	Zahara	Ginwala	352	27 th	
U12 Boys	Harry	Farrington	149	7 th	TEAM RESULT
2000m	Bayden	Little	118	28 th	45 points
	Zachary	Davidson	91	26 th	BRONZE
	Oliver	Lennox	316	12 th	
U12Girls	Kirsten	Frykberg	73	DNS	
U13 Boys	Morgan	Little	117	19 th	TEAM RESULT
3000m	Logan	Kaye	103	SILVER	27 points
	Lawrence	Cuevas	6	14 th	SILVER
	Scott	Connorton	54	11 th	

Age Grp	First Name	Surname	Reg #	Result	TEAM RESULT
U13 girls	Jessica	Smillie	269	DNS	
3000m	Eleanor	Lamperts	90	26th	
U14 boys	Ryan	Hogan	56	12 th	TEAM RESULT
3000m	Benjamin	Bishop	33	BRONZE	21 points
	Charlie	Farrington	148	14 th	GOLD
	Ryan	Jones	12	8 th	
	Erik	Frykberg	72	10th	
U15 Boys	Sam	Connorton	50	DNS	
3000m					
U17 Girls	Emily	Jones	24	8th	
4000m					

Road Walks

Age Grp	First Name	Surname	Result	Result
U9G	Sara	Elkass	DQ	
1200m	Kaiya	Grebert	18 th	
	Maddison	Hayhurst	16th	
U 11 G	Zahara	Ginwala	13 th	TEAM RESULT
1200m	Mykaela	Hayhurst	14 th	42 points
	Arienna	Grebert	15th	SILVER

Jenny Bishop
Championships officer Cherrybrook Little athletics